



Important Information Regarding Clinical Programs at L.A. Care

In an effort to improve and enhance medication adherence for Cal MediConnect (CMC) members L.A. Care Health Plan has partnered with Navitus Health Solutions and SinfoniaRx to help guide, monitor, and administer these clinical programs. We would like to extend this informational letter to inform you of the initiatives currently in place.

The latest adherence rates for CMC based on Acumen results are listed below:

Adherence Measure	MAPD Average	L.A. Care Average
Diabetes	83.40%	76.60%
RAS antagonists	85.90%	76.60%
Statins	83%	74.60%

Through Navitus/SinfoniaRx, prescribers should be receiving letters regarding the following measures/safety edits:

- Adherence to chronic medications
 - RAS antagonists
 - Statins
 - Medications for diabetes
- 90 day prescriptions
- Medication therapy management services

L.A. Care Health Plan personnel will also be calling the members, physicians and pharmacies to ensure that the members are adherent to the medications. We would like to partner with the physicians to improve member health and decrease morbidity, mortality and cost. We appreciate all you do for our members and would like to work with you to achieve a higher adherence rate for chronic medications.

Below are some helpful tips on how to help increase the adherence rates for CMC members:

- Write for 90 day prescriptions when appropriate.
- Consult the L.A. Care formulary prior to prescribing medications.
- Ensure the member understands the need for the medications.
- Ensure the renewal of refills is a seamless process for the member.

For More Information:

Contact L.A. Care's Manager of Clinical Operations,
Agavni Aslanyan, PharmD at **1.213.694.1250 ext. 5133**

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