



*Yes,* it is all about you.

**Dear Care1st Provider:**

**In order to help you locate culturally sensitive and linguistically competent services for your diverse patient population, Care1st has developed a Resource Directory, which includes community organizations that are available to your patients.**

**We have organized resources by subject matter. I hope this format will help you access information quickly.**

**If you would like to refer your patient to a community based organization or agency through Care1st, please complete and fax the enclosed CLAS referral form to (323) 889-5407. C&L department will locate a resource for your patient and will let you know where we have referred your patient to within 30 days.**

**Please document the referral in the patient's chart so we can maintain a closed loop referral process.**

**Although we do our best to keep all information up-to-date, resource contact information changes frequently. Please call us if any information proves to be incorrect.**

**Thank You for Your Continuing Support!**

**Sincerely,**

A handwritten signature in black ink that reads "Therese Chung".

**Therese Chung  
Cultural & Linguistic/Health Education**



## CULTURAL & LINGUISTICALLY APPROPRIATE SERVICES REFERRAL REQUEST FORM

Providers: Complete sections A-C and fax to the Cultural & Linguistics Department at (323) 889-5407

A. Patient Information				
Member Name:			Gender	
			<input type="checkbox"/> Female <input type="checkbox"/> Male	
			<input type="checkbox"/> Other _____	
Member Address:			City:	
Zip Code:	Phone: (    )	DOB:	Language Spoken:	
B. Provider Information				
Requested by:			Date of Request:	
Provider Name:		Phone: (    )	Fax: (    )	
Finding:				
Comments:				
C. Referral Information				
Service Requested				
<input type="checkbox"/> Social Service	<input type="checkbox"/> Support Group	<input type="checkbox"/> Community Based Organization (CBO)	<input type="checkbox"/> Other:	
Topic				
<input type="checkbox"/> African American	<input type="checkbox"/> Parenting Classes	<input type="checkbox"/> Cultural Transition	<input type="checkbox"/> Stress/Depression	<input type="checkbox"/> Youth/Teen
<input type="checkbox"/> Asian/Pacific Islander	<input type="checkbox"/> ESL Classes	<input type="checkbox"/> HIV/STD	<input type="checkbox"/> Interpreter Services	<input type="checkbox"/> Visually Impaired
<input type="checkbox"/> Hispanic/Latino	<input type="checkbox"/> Sexuality Issues	<input type="checkbox"/> Domestic Violence	<input type="checkbox"/> Employment Service	<input type="checkbox"/> Hearing Impaired
<input type="checkbox"/> Armenian/Russian	<input type="checkbox"/> Adoption/Foster Care	<input type="checkbox"/> Citizenship	<input type="checkbox"/> Immigration/Legal Assistance	
<input type="checkbox"/> Other: _____				
Comments:				
D. Service Information				
Title of Program:		Date:	Time:	
Program Location:				
Address:		City:	Zip Code:	
Program Contact:			Phone: (    )	
<input type="checkbox"/> Unable to contact Member		<input type="checkbox"/> Will attend program		
<input type="checkbox"/> Member was contacted on: _____		<input type="checkbox"/> Refused program		
Instructions/Comments:				
E. Follow-Up				
<input type="checkbox"/> Member attended program		<input type="checkbox"/> Member did not attend program		<input type="checkbox"/> Information not available
Comments:				

# TABLE OF CONTENTS

ADOPTION/FOSTER CARE .....	4
COMMUNITY WELLNESS .....	6
COUNSELING .....	15
DIABETES .....	16
DISABILITY RESOURCES .....	18
DOMESTIC VIOLENCE .....	21
HEALTH EDUCATION .....	23
HEARING/VISION DISABLED.....	26
HIV/AIDS SUPPORT.....	28
HOMELESS SHELTERS/FOOD.....	31
INTERPRETATION SERVICES .....	34
LEGAL SERVICES .....	34
SENIOR RESOURCES – LOS ANGELES COUNTY .....	36

## *Alzheimer's & Dementia Resources – Los Angeles County*

<b>ADULT DAY SERVICES</b> .....	46
<b>ASSISTED LIVING FACILITIES</b> .....	46
<b>CARE MANAGEMENT</b> .....	48
<b>DIAGNOSTIC CENTERS</b> .....	51
<b>DRIVING</b> .....	53
<b>ELDER ABUSE</b> .....	54
<b>HEALTH ASSOCIATIONS</b> .....	55
<b>HOME CARE</b> .....	56

# TABLE OF CONTENTS

<b>HOSPICE CARE</b> .....	56
<b>HOUSING RESOURCES</b> .....	58
<b>INFORMATION &amp; REFERRAL</b> .....	58
<b>INSURANCE &amp; SOCIAL SECURITY</b> .....	59
<b>LEGAL ASSISTANCE &amp; INFORMATION</b> .....	60
<b>LOCAL SENIOR CENTERS</b> .....	62
<b>MEDICATION COVERAGE</b> .....	62
<b>MENTAL HEALTH</b> .....	63
<b>MULTIPURPOSE SENIOR SERVICES PROGRAM</b> .....	65
<b>NUTRITION</b> .....	65
<b>SAFETY</b> .....	65
<b>SENIOR SERVICES</b> .....	67
<b>TRANSPORTATION</b> .....	69
<b>SENIOR RESOURCES – ORANGE COUNTY</b> .....	69
<b>TEEN RESOURCES LOS ANGELES/ORANGE COUNTIES</b> .....	74

# Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

If you need to refer a patient to a community based organization or agency, please fax the enclosed CLAS referral form to (323) 889-5407. Once a referral is received, CLAS Department will monitor member's attendance to the program. Providers will be informed by fax whether the member attended to the program. Please keep in mind that you need to maintain information provided by Care1st in the member's chart for reference.

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
<b>ADOPTION/FOSTER CARE</b>			

**METROPOLITAN LOS ANGELES**

CHILDREN'S BUREAU HEADQUARTERS 1910 Magnolia Ave. Los Angeles, CA 90007	(213) 342-0100 <a href="http://www.all4kids.org">www.all4kids.org</a>	Varies	E, Sp
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OAKWOOD FAMILY CENTER 3910 Oakwood Ave. Los Angeles, CA 90004	(323) 953-7356 <a href="http://www.all4kids.org">www.all4kids.org</a>	Varies	E, Sp
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**GREATER LOS ANGELES**

CARSON FAMILY CENTER 460 East Carson Plaza Drive, Suite 122 Carson, CA 90746	(310) 523-9500 <a href="http://www.all4kids.org">www.all4kids.org</a>	Varies	E, Sp
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**ANTELOPE VALLEY**

CHILDREN'S BUREAU REGIONAL OFFICE 44404 16th Street West, Suite 208 Lancaster, CA 93534	(661) 951-2191 <a href="http://www.all4kids.org">www.all4kids.org</a>	Varies	E, Sp
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CHILDREN'S BUREAU PALMDALE 1529 East Palmdale Boulevard, Suite 210 Palmdale, CA 93550	(661) 272-9996 <a href="http://www.all4kids.org">www.all4kids.org</a>	Varies	E, Sp
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CHILDREN'S BUREAU SUNRISE CENTER 921 West Avenue J, Suite C Lancaster, CA 93534	(661) 949-0131 <a href="http://www.all4kids.org">www.all4kids.org</a>	Varies	E, Sp
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**SAN GABRIEL VALLEY**

CHILDREN'S BUREAU REGIONAL OFFICE 14600 Ramona Blvd. Baldwin Park, CA 91706	(626) 337-8811 <a href="http://www.all4kids.org">www.all4kids.org</a>	Varies	E, Sp
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BALDWIN PARK ANNEX 14540 Ramona Boulevard, Suite 210 Baldwin Park, CA 91706	(626) 337-6611 <a href="http://www.all4kids.org">www.all4kids.org</a>	Varies	E, Sp
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*Provides Adoption, Foster Care & Child Abuse Prevention*

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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<b>Independent Adoption Center</b> 5777 W Century Blvd., # 1450 Los Angeles, CA 90045	(800) 877-6736 <a href="http://www.adoptionhelp.org">www.adoptionhelp.org</a>	Varies	E, Sp
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*Provides Open Adoption Placement and Counseling to Birth & Adoptive Families*

Kinship Center
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LOS ANGELES COUNTY PROGRAM CENTER 127 N. Madison, Suite 207 Pasadena, CA 91101	(626) 744-2975 <a href="http://www.kinshipcenter.org">www.kinshipcenter.org</a>	Varies	E
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ORANGE COUNTY PROGRAM CENTER 18302 Irvine Blvd., Suite 300 Tustin, CA 92780	(714) 957-1004	Varies	E
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*Provides Traditional Mental Health Therapies for Youth and Their Families, Early Intervention Program, and Counseling for Adult Adoptees, Parents, Siblings & Birth Families*

Los Angeles County Department of Children & Family Services
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425 Shatto Places Los Angeles, CA 9002	1-800-697-4444 TTY: 1-800-272-6699 <a href="http://www.dcf.co.la.ca.us">www.dcf.co.la.ca.us</a>	Varies	E
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*Provides Foster Care & Adoptions Assistance*

African American
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Institute of Black Parenting
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11222 S. La Cienega Blvd., Suites 233 Inglewood, CA 90304	1-877-367-8858	Free	E, Sp
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*Provides Foster Care Placement, Home Study (Domestic), Infant Placement & Post Placement Supervision Prior to Adoption Finalization (Domestic)*

Hispanic/Latino
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Latino Family Institute
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1501 W. Cameron Ave., Suite 240 West Covina, CA 91790	(626) 472-0123 <a href="http://www.lfiservices.org">www.lfiservices.org</a>	Free	E, Sp
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*Provides Adoption, Foster Care, Kinship Care, Training through the Infant Adoption Awareness Training Program (IAATP) & Family Support services*

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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## COMMUNITY WELLNESS

### Champions of Caring Connections

4513 E. Compton Blvd. (310) 635-9536 Call for Cost E  
 Compton, CA 90221 [www.championsofcaringconnections.org](http://www.championsofcaringconnections.org)

*Provides Advocacy for Homeless & Foster Children & Youth*

### Child & Family Guidance Center

9650 Zelzah Ave. (818) 993-9311 Call for Cost E, Sp  
 Northridge, CA 91325 [www.childguidance.org](http://www.childguidance.org)

*Provides Aggression Replacement Therapy, Child Parent Psychotherapy, Crisis Oriented Recovery System, Positive Parenting Program & Trauma Focused Cognitive Behavior Therapy*

### Children’s Defense Fund California

634 S. Spring St., Ste 500C (213) 355-8787 Call for Cost E  
 Los Angeles, CA 90014 [www.cdfca.org](http://www.cdfca.org)

*Provides Freedom Schools Program, Youth Leadership and Development Training, Cradle to Prison Pipeline Campaign & Children’s Health Insurance Outreach Project*

### City Help

2301 Bellevue Ave. (213) 273-7125 Free E, Sp  
 Los Angeles, CA 90026 [www.cityhelp.org](http://www.cityhelp.org)

*Services include Mobile Medical Clinic, Rehabilitation Centers & Comprehensive Primary Care*

### Community Health Alliance of Pasadena

837 S. Fair Oaks Ave., Suite 204 (626) 993-1212 Free E, Sp  
 Pasadena, CA 91105 [www.chapcare.org](http://www.chapcare.org)

*Provides Medical, Dental & Behavioral Health Services*

### Community Health Councils

3731 Stocker St., Ste 201 (323) 295-9372 Call for Cost E  
 Los Angeles, CA 90008 [www.chc-inc.org](http://www.chc-inc.org)

*Promotes Social Justice and Achieve Equity in Community & Environmental Resources*

**Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties**

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
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<b>Community Integration Services</b>			
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10100 Balboa Blvd. Granada Hills, CA 91344	(818) 772-1155 <a href="http://www.cisadp.org">www.cisadp.org</a>	Call for Cost	E, Sp
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*Promotes Preventive Health, Diversity and Community Membership for People with Aging Challenges & Disabilities*

<b>Families in Good Health</b>			
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411 E. 10th St., Suite 207 Long Beach, CA 90813	(562) 491-9100 <a href="http://www.stmarymedicalcenter.org">www.stmarymedicalcenter.org</a>	Call for Cost	E, Sp
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*Helps the Community Make Informed Choices and to Access Needed Health & Social Resources*

<b>JWCH Institute</b>			
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5650 Jillson Street Commerce, CA 90040	(213) 484-1186 <a href="http://www.jwchinstitute.org">www.jwchinstitute.org</a>	Call for Cost	E
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*Provides Primary Medical Care, Homeless Health Care, HIV Services & Specialty Care*

<b>Maternal &amp; Child Health Access</b>			
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1111 West Sixth St., Suite 400 Los Angeles	(213) 749-4261 <a href="http://www.mchaccess.org">www.mchaccess.org</a>	Call for Cost	E, Sp
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*Assists Individual Women to Achieve Healthy Pregnancies & Obtain Quality Health Care*

<b>National Health Foundation</b>			
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515 S. Figueroa St., #1300 Los Angeles, CA 90071	(213) 538-0700 <a href="http://www.nhfca.org">www.nhfca.org</a>	Call for Cost	E, Sp
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*Provides Systemic Solutions to Gaps in Healthcare Access & Delivery*

<b>Salvation Army</b>			
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<b><u>CORPS COMMUNITY CENTER</u></b>			
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125 W. Beryl St. Redondo Beach	(310) 318-2827 <a href="http://www.salvationarmyusa.org">www.salvationarmyusa.org</a>	Free	E, Sp
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4223 Emerald St. Torrance	(310) 370-4515 <a href="http://www.salvationarmyusa.org">www.salvationarmyusa.org</a>	Free	E, Sp, Tag
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455 E. Spring Street Long Beach	(562) 426-7637 <a href="http://www.salvationarmyusa.org">www.salvationarmyusa.org</a>	Free	E, Sp
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*Provides Clinics Services, Day Care, Disaster Services, Emergency Financial Assistance & Emergency Shelter*



*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
<b>Special Services for Groups</b>			
605 W. Olympic Blvd., Suite 600 Los Angeles, CA 90015	(213) 553-1800 <a href="http://www.ssgmain.org">www.ssgmain.org</a>	Call for Cost	E, Sp
<i>Provides Human Services to Ethnic Minority Communities &amp; Groups</i>			
<b>Westside Family Health Center</b>			
1711 Ocean Park Blvd. Santa Monica, CA 90405	(310) 450-2191 <a href="http://www.wfhcenter.org">www.wfhcenter.org</a>	Call for Cost	E, Sp
<i>Offers Comprehensive Health Care Services for Women, Men &amp; Children</i>			
<b>Worksite Wellness LA</b>			
5955 S. Western Ave. Los Angeles, CA 90047	(323) 758-9480 <a href="http://www.worksitewellnessla.org">www.worksitewellnessla.org</a>	Free	E, Sp
<i>Provides Access Healthcare Benefits, Managing Diabetes, Healthy Eating, &amp; Stress Management</i>			
<b>African American</b>			
<b>African American Unity Center</b>			
944 W. 53rd St. Los Angeles, CA 90037	(323) 789-7300	Call for Cost	E
<i>Provides Social Services Support &amp; Information to the African American Community</i>			
<b>Black Women for Wellness</b>			
Post Office Box 292516 Los Angeles, CA 90029	(323) 290-5955 <a href="http://www.bwwla.com">www.bwwla.com</a>	Free	E
<i>Offers Kitchen Diva's, Metamorphosis, Sister's in motion, Tea &amp; Technology &amp; Sisters @ Eight</i>			
<b>California Black Women's Health Project</b>			
101 N. La Brea, #610 Inglewood, CA 90301	(310) 412-1828 <a href="http://www.cabwhp.org">www.cabwhp.org</a>	Call for Cost	E
<i>Empowers Black Women to Take Personal Responsibility for Their Own Health</i>			
<b>Great Beginnings for Black Babies</b>			
301 N. Prairie Ave Inglewood, CA 90301	(310) 677-7955 <a href="http://www.gbbb.org">www.gbbb.org</a>	Free	E
<i>Programs includes Healthy Moms &amp; Babies, Fatherhood Initiative &amp; Youth Education after School Program</i>			

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**African American**

**Healthy African American Families**

4305 Degnan Blvd., Suite 105 (323) 292-2002 Free E, Sp  
 Los Angeles, CA 90008 [www.haaffi.org](http://www.haaffi.org)

*Programs include Preterm Delivery, CCHN, Mental Health, Diabetes, Asthma, Kidney Disease, Women’s Health, & Male Involvement Project*

**Los Angeles Urban League**

3450 Mount Vernon Drive, (323) 299-9660 Call for Cost E  
 Los Angeles, CA 90008 [www.laul.org](http://www.laul.org)

*Provides Job Placement, Career Management, Head Start Preschool & Youth Development*

**n-Action Family Network**

Post Office Box 1715 1-866-299-8817 Free E  
 La Mirada, CA 90637 [www.n-actionfamilynetwork.org](http://www.n-actionfamilynetwork.org)

*Provides Intervention, Mentoring, Enrichment Opportunities for Women in Transition Support Groups*

**National Association for the Advancement of Colored People**

Post Office Box 56408 (310) 397-1171 Call for Cost E  
 Los Angeles, CA 90056 [www.naacp-losangeles.org](http://www.naacp-losangeles.org)

*Provides Information & Referrals to People Who Believe Their Rights Have Been Violated Serves Ethnic Groups*

**The African Community Resource Center**

3540 Wilshire Blvd., Suite 321 (213) 381-1088 Varies E, Sp, Fa, A, R  
 Los Angeles, CA 90010 [www.acrcintl.org](http://www.acrcintl.org)

*Programs include Immigration Services, Counseling, Family Support, African Women Support Group, Food Pantry/Nutrition Planning, Small Business Support, Advocacy & Legal Services*

**American Indian**

**American Indian Healing Center**

12456 Washington Blvd, (562) 693-4325 Free E  
 Whittier, CA 90602

*Offers Chronic Disease Management, Health Maintenance, Health Screenings & Women’s Health Care*

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<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
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**American Indian**

**Southern California Indian Center**

3440 Wilshire Blvd., Suite 904 Los Angeles, CA 90010	(213) 387-5772 <a href="http://www.indiancenter.org">www.indiancenter.org</a>	Call for Cost	E
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*Special Programs include Child and Family Services, Job Training, Senior Programs & Tutoring for Students in Grades K-12*

**United American Indian Involvement**

1125 W. 6th St., Ste 103 Los Angeles, CA 90017	(213) 202-3970 <a href="http://www.uaii.org">www.uaii.org</a>	Call for Cost	E
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*Provides Public Health Services and Access to Free & Low Cost Quality Health Care*

**Armenian/Iranian/Russia**

**Armenian Relief Society**

517 W. Glenoaks Blvd. Glendale, CA 91202	(818) 500-1343 <a href="http://www.arswestusa.org">www.arswestusa.org</a>	Free	E, A, Fa, R
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*Provides Employment, Immigration, Counseling, English as a Second Language (ESL) Class, Referral, Translation & Advocacy*

**Asian/Pacific**

**Asians for Miracle Marrow Matches**

244 S. San Pedro St., Ste 503 Los Angeles, CA 90012	1-888-236-4673 <a href="http://www.asianmarrow.org">www.asianmarrow.org</a>	Free	E, K, J, Ch, V
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*National Marrow Donor Program, Interpretation, Counseling from Bilingual Psychotherapists & Provide Translated Materials*

**Asian Pacific Health Care Venture**

4216 Fountain Ave. Los Angeles, CA 90029	(323) 644-3880 <a href="http://www.aphecv.org">www.aphecv.org</a>	Varies	Ch, Kh, T, J
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*Provides Primary Care, Prenatal, Women's Health, Youth, Senior Health & HIV/AIDS*

Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**Asian/Pacific**

**Asian Youth Center**

100 W. Clary Ave.  
San Gabriel, CA 91776

(626) 309-0622

Varies

E, Sp, Ch

[www.asianyouthcenter.org](http://www.asianyouthcenter.org)

*After School & Summer School Programs, Health Education, Asian Youth Center, & Teen Program*

**Cambodian Association of America**

2390 Pacific Ave.  
Long Beach, CA 90806

(562) 988-1863

Free

E, Sp, Kh, Tag

[www.cambodianusa.com](http://www.cambodianusa.com)

*Provides Counseling, Substance Abuse, Domestic Violence, Family Enrichment Services & Senior Center*

**Chinatown Service Center**

767 N. Hill St., Ste 400  
Los Angeles, CA 90012

(213) 808-1700

Free

E, C, M, Sp, V

[www.cscla.org](http://www.cscla.org)

*Provides Counseling, Family Health Clinic, Child Development Center, Youth Programs, Community Health Center & Social Services*

**Chinese American Association of Chino Hills**

2545 Chino Hills Parkway, Ste F  
Chino Hills, CA 91709

(909) 228-3088

Call for Cost

E, Ca & M

[www.caach.org](http://www.caach.org)

*Provides Health Seminars, Chinese School for Adults & Children & Senior Club*

**Korean American Family Service Center**

3727 W. Sixth St., Suite 509  
Los Angeles, CA 90020

(213) 389-6755

Call for Cost

E, K

[www.kfamla.org](http://www.kfamla.org)

**24-Hour Toll-Free Crisis Hotline: 1-888-979-3800**

*Programs include Counseling & Life Skills, Family Intervention, Child Care Food Program, Social Services, Outreach & Education & Korean Foster Family Initiative*

**Korean Resource Center**

900 S. Crenshaw Blvd.  
Los Angeles, CA 90019

(323) 937-3718

Call for Cost

E, K

[www.krcla.org](http://www.krcla.org)

*Offers Legal Counsel, Tax Report, Permanent Resident Ship Renewal, Citizenship, Education & Summer Program for Youth*

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
<b>Legal Aid Foundation of Los Angeles</b> 1102 Crenshaw Blvd. Los Angeles, CA 90019	or 1-800-399-4529 (323) 801-7912 <a href="http://www.lafla.org">www.lafla.org</a>	Call for Cost	E, Sp C, M

*Offers Free Legal Assistance to Low Income Communities. Specializes in Consumer and Family Law & Assistance to Asian/Pacific Islander Communities*

**Asian/Pacific**

<b>Little Tokyo Service Center</b> 231 E. 3rd St., Ste G-106 Los Angeles, CA 90013	(213) 473-3030 <a href="http://www.ltsc.org">www.ltsc.org</a>	Call for Cost	E, J
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*Serves the Needs of the Elderly, Low Income, Non-English Speaking & Disabled Local Community*

<b>Pacific Asian Counseling Services</b> 8616 La Tijera Blvd., Suite 200 Los Angeles, CA 90045	(310) 337-1550 <a href="http://www.pacsla.org">www.pacsla.org</a>	Call for Cost	E, Ch, J, K, Kh, Sa, Sp, Tag
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*Provides Quality, Culturally Sensitive, Multilingual Mental Health & Social Services*

<b>South Asian Network</b> 18173 S. Pioneer Blvd., Suite I Artesia, CA 90701	(562) 403-0488 <a href="http://www.southasiannetwork.org">www.southasiannetwork.org</a>	Call for Cost	E
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*Multilingual Culturally Appropriate Program of Directed Service, Community Education and Advocacy in Immigration, Public Health, Domestic Violence & Hate Crime & Discrimination*

<b>Thai Community Development Center</b> 6376 Yucca St., Suite B Los Angeles, CA 90028	(323) 468-2555 <a href="http://www.thaicdc.org">www.thaicdc.org</a>	Varies	E, T
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*Programs include Affordable Housing Development, Job Search, Small Business Development, Neighborhood Revitalization, Social Enterprises & Services for Youth*

<b>Thai Health and Information Services</b> 1654 N. Harvard Blvd., Los Angeles, CA 90027	(323) 661-2008 <a href="http://www.thaihealth.org">www.thaihealth.org</a>	Call for Cost	E, T
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*Provides Health Education, Outreach, Job Training & Access to Social Services*

Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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<b>United Cambodian Community</b> 2201 E. Anaheim St., Suite 200 Long Beach, CA 90804	(562) 433-2490 <a href="http://www.ucclb.org">www.ucclb.org</a>	Free	E, Kh
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*Programs include Parenting Classes, ESL, Citizenship Assistance, Translation & Youth Programs*

**Hispanic/Latino**

<b>Bienvenidos Family Services</b> 316 W. Second St., Suite 800 Los Angeles, CA 90012	(213) 785-5906 <a href="http://www.bienvenidos.org">www.bienvenidos.org</a>	Call for Cost	E, Sp
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*Provides Food Pantry, Respite Child Care, Parent Training, Peer Support & Individual Programs for Children*

<b>Clínica Monseñor Oscar Romero</b> 123 S. Alvarado St. Los Angeles, CA 90057	(213) 989-7700 <a href="http://www.clinicaromero.com">www.clinicaromero.com</a>	Varies	E, Sp
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*Programs include Medical, Dental, Vision, Mental Health & Pharmacy*

<b>El Centro de Acción Social</b> 37 E. Del Mar Blvd. Pasadena, CA 91105	(626) 792-3148 <a href="http://www.elcentropasadena.org">www.elcentropasadena.org</a>	Free	E, Sp
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*Offers El Centro Youth Leadership Academy, Villa-Parke Senior Network & Cultural Celebrations*

<b>Esperanza Community Housing Corporation</b> 3655 South Grand Ave., Ste 280 Los Angeles, CA 90007	(213) 748-7285 <a href="http://www.esperanzacommunityhousing.org">www.esperanzacommunityhousing.org</a>	Free	E, Sp
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*Offers Affordable Housing, Economic Development, Education, Health, Arts & Science Services for Youth*

<b>Inner City Struggle</b> 124 North Townsend Ave. Los Angeles, CA 90063	(323) 780-7605 <a href="http://www.innercitystruggle.org">www.innercitystruggle.org</a>	Call for Cost	E
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*Promotes Safe, Healthy and Non-Violent Communities to Youth and Families in Boyle Heights & East Los Angeles*

<b>La Casa De San Gabriel</b> 203 East Mission Rd. San Gabriel, CA 91776	(626) 286-2144 <a href="http://www.lacasacommunitycenter.org">www.lacasacommunitycenter.org</a>	Call for Cost	E, Sp
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*Provides Youth Development, Emergency Assistance, Health and Dental Screenings, Referrals & Resources*

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**Hispanic/Latino**

**Latino Resource Organization**

610 California Ave. (310) 578-6069 Call for Cost E  
 Venice, CA 90291 [www.latinoresource.org](http://www.latinoresource.org)

*Provides HIV/AIDS Education, Senior Services, Immigration Services, Substance Abuse & Tutoring Programs*

**Mexican American Legal Defense**

634 S. Spring Street, (213) 629-2512 Call for Cost E, Sp  
 Los Angeles, CA 90014 [www.maldef.org](http://www.maldef.org)

*Secures the Rights in the Areas of Employment, Education, Immigrants Rights & Political Access*

**Mexican American Opportunity**

401 N. Garfield Ave. (323) 890-9600 Call for Cost E, Sp  
 Montebello, CA 90640 [www.maof.org](http://www.maof.org)

*Provides Resource & Referral Program to Socially & Economically Disadvantaged Children, Youths, Adults & Older Persons*

**National Association for Hispanic Elderly**

234 E. Colorado Blvd., Ste 300 (626) 564-1988 Call for Cost E, Sp  
 Pasadena, CA 91101 [www.anppm.org](http://www.anppm.org)

*Serves the Needs of Hispanic Elderly & Other Low Income Persons*

**Para Los Niños**

500 Lucas Ave. (213) 250-4800 Varies E, Sp  
 Los Angeles, CA 90017 [www.paraloseninos.org](http://www.paraloseninos.org)

*Provides Educational Enrichment Programs, Counseling, Childcare, After School Programs, & Case Management to Low Income Families*

**Jewish**

**Jewish Family Services of Los Angeles**

3580 Wilshire Boulevard, Seventh Floor (323) 761-8800 Call for Cost E, Sp, Fa, R  
 Los Angeles, CA 90010 [www.jfsla.org](http://www.jfsla.org)

*Provides Food & Shelter, Counseling Services & Support for Families, Individuals & Seniors*

Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
<b>National Council of Jewish Women</b> 543 N. Fairfax Ave. Los Angeles, CA 90036	(323) 651-2930 <a href="http://www.ncjwla.org">www.ncjwla.org</a>	Call for Cost	E, Sp, R
<i>Provides Counseling Services &amp; Support for Women, and Art &amp; Literacy Programs for Youth</i>			

**COUNSELING SERVICES**

<b>Amanecer Community Counseling Service</b> 1200 Wilshire Blvd., #500 Los Angeles, CA 90017	(213) 481-7464 <a href="http://www.ccscla.org">www.ccscla.org</a>	Varies	E, Sp
<i>Provides Field Clinical Capable Services, Domestic Violence &amp; Adult Outpatient Care</i>			

<b>Barrio Action Group</b> 4970 S. Huntington Drive North, Ste 200 Los Angeles, CA 90032	(323) 221-0779 <a href="http://www.barrioaction.org">www.barrioaction.org</a>	Call for Cost	E
<i>Provides Counseling Services for Family, Individuals &amp; Youth with Severe Behavioral Problems, Gang Related &amp; Drug Problems</i>			

<b>Family Resource Counseling Center</b> 11500 W. Olympic Blvd, Ste 420 Los Angeles, CA 90064	(310) 479-9798 <a href="http://www.frcccla.com">www.frcccla.com</a>	Call for Cost	E
<i>Provides Professional Counseling and Psychological Services for Children, Adolescents &amp; Adults</i>			

<b>Helpline Youth Counseling</b> 12440 E. Firestone Blvd., #1000 Norwalk, CA 90650	(562) 864-3722 <a href="http://www.hycinc.org">www.hycinc.org</a>	Call for Cost	E, Sp
<i>Provides Counseling Services for Individual, Group &amp; Family</i>			

**Asian/Pacific**

<b>Asian Pacific Counseling &amp; Treatment Centers</b> 520 S. Lafayette Park Place, #300 Los Angeles, CA 90057	(213) 252-2100 <a href="http://www.apctc.org">www.apctc.org</a>	Call for Cost	E, Ca, Sp, Tag
<i>Provides Multi-Disciplinary &amp; Culturally Sensitive Approaches to Address Client's Psychological &amp; Social Needs</i>			



Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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<b>Indochinese Counseling &amp; Treatment</b> 605 W. Olympic Blvd., Los Angeles, CA 90015	(213) 553-1850	Call for Cost	E, T, V
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*Provides Outpatient Mental Health Services to Southeast Asian Refugees*

<b>KHEIR (Korean Health, Education, Information and Research Center)</b> 3727 W. 6 <sup>th</sup> St., Ste 230 Los Angeles, CA 90020	(213) 637-1080 <a href="http://www.kfamla.org">www.kfamla.org</a>	Call for Cost	E, K, Sp
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*Provides Counseling & Life Skills, Family Intervention & Social Services*

<b>Pacific Asian Alcohol &amp; Drug Program</b> 2001 Beverly Blvd., Suite 201 Los Angeles, CA 90057	(213) 413-1622 <a href="http://www.paadp.org">www.paadp.org</a>	Varies	E, Sp, Tag
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*Provides Alcohol, Drug Prevention, Treatment & Recovery Services to CAL-Works Program Participants*

<b>Special Services for Group</b> 605 W. Olympic Blvd., Ste 600 Los Angeles, CA 90015	(213) 553-1822 <a href="http://www.ssgmain.org">www.ssgmain.org</a>	Call for Cost	E, Sp, K, Tag, V
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*Provides Dental Care, Homeless Outreach Program Integrated Care System & Parents Neighborhood Youth Program*

**Hispanic/Latino**

<b>Casa Cardenas Senior &amp; Family</b> 111 W Beverly Blvd. Montebello, CA 90640	(323) 721-7578	Call for Cost	E, Sp
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*Offers Counseling for Families & Seniors Dealing with Family Conflict, Grief, Mental Health Issues, Substance Abuse, Domestic Violence, Caregiver Support, Case Management & Bilingual Bereavement Support Groups*

**DIABETES**

<b>American Diabetes Association</b> 611 Wilshire Blvd., Suite 900 Los Angeles, CA 90017	(323) 966-2890 <a href="http://www.diabetes.org">www.diabetes.org</a>	Call for Cost	E
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*Provides Information & Other Services to People with Diabetes*

**Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties**

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
<b>CDAPP Sweet Success Resource &amp; Training Center</b>			
7835 Trade St., Ste 100 San Diego, CA 92121	(858) 536-5090 <a href="http://www.cdappsweetsuccess.org">www.cdappsweetsuccess.org</a>	Call for Cost	E
<i>Provides Education Resources for Both Health Care Providers &amp; Pregnant Women with Diabetes</i>			
<b>Juvenile Diabetes Foundations of Los Angeles</b>			
811 Wilshire Blvd., Suite 1600 Los Angeles, CA 90017	(213) 233-9901 <a href="http://www.jdrf.org">www.jdrf.org</a>	Call for Cost	E
<i>Provides Online Support &amp; Information about Prevention &amp; Living with Diabetes</i>			
<b>Foundation Fighting Blindness</b>			
2800 28th Street, Suite 310 Santa Monica, CA 90405	(310) 450-2910 <a href="http://www.blindness.org">www.blindness.org</a>	Call for Cost	E
<i>Provides Information on Retinitis Pigmentosa, Macular Degeneration, Usher Syndrome &amp; Stargardt Disease</i>			
<b>Greater Los Angeles Agency on Deafness</b>			
2222 Laverna Ave. Los Angeles, CA 90041	(323) 478-8000 TTY (323) 550-4226 <a href="http://www.gladinc.org">www.gladinc.org</a>	Free	E, Sp
<i>Services include Health Education, Employment, Public Relations, senior housing &amp; American Sign Language Interpreting Services (LifeSigns)</i>			
<b>International Hearing Aid Services</b>			
7730 Pacific Blvd. Huntington Park, CA 90255	(323) 588-0742	Call for Cost	E, Sp
<i>Provides Support &amp; Information about Hearing Aids &amp; Assistive Device</i>			
<b>Junior Blind of America</b>			
5300 Angeles Vista Blvd. Los Angeles, CA 90043	1-800-352-2290 <a href="http://www.juniorblind.org">www.juniorblind.org</a>	Call for Cost	E
<i>Helps Children &amp; Adults Who Are Blind, Visually Disabled Achieve Independence</i>			

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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## DISABILITY RESOURCES

### Ability First

1300 E. Green Street Pasadena, CA 91106	(877) 768-4600 <a href="http://www.abilityfirst.org">www.abilityfirst.org</a>	Call for Cost	E, Sp
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*Provides Recreational, Socialization and Employment Programs for Children and Adults with Physical and Developmental Disabilities*

### California Protection and Advocacy System

350 South Bixel St., Ste 290 Los Angeles, CA 90017	1-800-776-5746 TTY 1-800-719-5798 <a href="http://www.disabilityrightsca.org">www.disabilityrightsca.org</a>	Free	E, Sp,
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*Advocate, Educate, Investigate & Litigate to Advance & Protect the Rights of Californians with Disabilities*

### Community Actively Living Independent & Free

634 South Spring Street, 2nd Floor Los Angeles, CA 90014	(213) 627-0477 <a href="http://www.califilc1.wix.com">www.califilc1.wix.com</a>	Call for Cost	E
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*Provides Skills Workshops, Information, Referral, and Housing for Individuals with Disabilities in the Central Los Angeles Area*

### Community Therapies & Baby Steps

861 Auto Center Drive, Ste D Palmdale, CA 93551	(661) 945-7878 <a href="http://www.communitytherapies.com">www.communitytherapies.com</a>	Call for Cost	E, Sp
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*Works with Children and Adults with Various Disabilities in Need of Speech/Language Therapy Services, Early Intervention for Children Birth to Three with Developmental Delays*

### Community Rehabilitation Services (CRS)

4716 Cesar E. Chavez Ave. Los Angeles, CA 90022	(213) 266-0453 <a href="http://www.clnet.ucla.edu/community/crs.html">www.clnet.ucla.edu/community/crs.html</a>	Call for Cost	E, Sp
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SAN GABRIEL BRANCH 135 N. San Gabriel Blvd. San Gabriel, CA 91775	(818) 309-7676		
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*Programs include Advocacy, Personal Assistance Services, Housing Assistance, Independent Living Skills, Peer Counseling, Transportation & Job Club Services for People with Disabilities*

**Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties**

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aotian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
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**Disabled Resources Center**

2750 E. Spring St., #100 Long Beach, CA 90806	(562) 427-1000 <a href="http://www.drcinc.org">www.drcinc.org</a>	Call for Cost	E, Ca, Sp, Tag
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*Services include Counseling, Peer Support Groups, & Workshops on Topics Related to Disability*

**Drew Child Development Corporation**

1770 E. 118th Street Los Angeles, CA 90059	(323) 249-2950 <a href="http://www.drewcdev.com">www.drewcdev.com</a>	Call for Cost	E, Sp
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*Promotes Physical, Social, Emotional and Cognitive Development for Children with Special Needs*

**Family Focus Resources Center**

18111 Nordhoff St., E-109 Northridge, CA 91330	(818) 677-6854 <a href="http://www.csunfamilyfocus.com">www.csunfamilyfocus.com</a>	Call for Cost	E
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*Provides Information, Referrals & Support to Children, Youth and Adult with Developmental Disabilities and Special Needs*

**Family Resource Center Network**

1000 S. Fremont Ave., Suite 6050, #35 Alhambra, CA 91803	(626) 300-9171 <a href="http://www.familyresourcenetworklac.org">www.familyresourcenetworklac.org</a>	Call for Cost	E, Sp
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*Offers Free Information, Training & Support to People with Developmental Disabilities & Their Families*

**Harbor Regional Center**

21231 Hawthorne Blvd. Torrance, CA 90503	(310) 540-1711 <a href="http://www.harborrc.org">www.harborrc.org</a>	Call for Cost	E, Sp
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*Provides Diagnosis, Information & Referral, Individual or Family Service Planning & Family Support*

**Independent Living Center of Southern California**

14407 Gilmore St., # 101 Van Nuys, CA 91401	(818) 785-6934 TTY (818) 785-7097 <a href="http://www.ilcsc.org">www.ilcsc.org</a>	Call for Cost	E
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*Assists in Obtaining Emergency Services, Food, Shelter & Benefits*

**Institute for Families**

4650 Sunset Blvd., Mail Stop 111 Los Angeles, CA 90027	(323) 361-4649 <a href="http://www.instituteforfamilies.org">www.instituteforfamilies.org</a>	Call for Cost	E
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*Provides Counseling, Support, Information & Advocacy to Families*

**Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties**

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<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
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<b>Intercommunity Counseling Center</b> 7702 Washington Ave., 1 <sup>st</sup> Floor Whittier, CA 90602	(562) 698-1272 <a href="http://www.iccwhittier.org">www.iccwhittier.org</a>	Call for Cost	E, Sp
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*Provides Caring, Supportive Mental Health Services at Its Uptown Whittier Location*

<b>John Tracy Clinic</b> 806 West Adam Blvd. Los Angeles, CA 90007	(213) 748-5481 <a href="http://www.jtc.org">www.jtc.org</a>	Call for Cost	E
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*Provides Individual & Family Counseling, Parent Education & Support Group*

740 E. Wardlow Rd. Long Beach, CA 90807	(562) 426-2257 <a href="http://www.jtc.org">www.jtc.org</a>	Call for Cost	E
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*Offers Families Living in the Long Beach, Orange County, Inland Empire & South Bay Area Diagnostic Testing & Educational Services for Children between Birth & Five Years of Age*

<b>Long Beach Family Resource Center</b> 2801 Atlantic Ave. Long Beach, CA 90806	(562) 933-8050 <a href="http://www.familyresourcenetworklac.org">www.familyresourcenetworklac.org</a>	Call for Cost	E, Sp
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*Provides Referral, Advocacy, Training & Support Group to Families with Ill or Special Needs*

<b>Southern California Resource Services for Independent Living</b> 7830 Quill Dr., Suite D Downey, CA 90242	(562) 862-6531 <a href="http://www.scrs-ilc.org">www.scrs-ilc.org</a>	Call for Cost	E
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*Empowers Persons with Disabilities to Achieve Their Personalized Goals through Community Education & Individualized Services*

<b>South Central Los Angeles Regional</b> 650 W. Adams Blvd., Ste 400 Los Angeles, CA 90007	(213) 744-7000 <a href="http://www.sclarc.org">www.sclarc.org</a>	Call for Cost	E, Sp
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*Offers Families with Special Needs Comprehensive Support*

<b>The Parent's Place Family Resource &amp; Employment Center</b> 1500 S. Hyacinth Ave., Ste B West Covina, CA 91791	(626) 919-1091 <a href="http://www.parentsplacefrc.com">www.parentsplacefrc.com</a>	Call for Cost	E
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*Empowers Families Raising a Child with a Disability through Information/Education, Referrals & Parent-to-Parent Support*

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
<b>Westside Center for Independent Living</b> 12901 Venice Blvd. Los Angeles, CA 90066	1-888-851-9245 <a href="http://www.wcil.org">www.wcil.org</a>	Call for Cost	E, Sp
<i>Assists Persons with Disabilities &amp; Seniors Achieve &amp; Maintain Self-Directed &amp; Community Based Independent Lives</i>			

## DOMESTIC VIOLENCE

<b>1736 Family Crisis Center</b> 2116 Arlington Ave., Suite 200 Los Angeles, CA 90018	(323) 737-3900 <a href="http://www.1736familycrisiscenter.org">www.1736familycrisiscenter.org</a>	Free	E, Sp
<i>Offers Case Management, Counseling, Job Development &amp; Placement, Legal Help, Life Skills Training, Financial Literacy, Parenting Education, Referrals for Free Medical &amp; Access to Other Services</i>			

<b>Domestic Violence Council (DVC)</b>	1-800-978-3600 <a href="http://www.dvcouncil.lacounty.gov">www.dvcouncil.lacounty.gov</a>	Free	E, Sp
<i>Provides Domestic Violence Council Meeting</i>			

<b>East Los Angeles Women's Center</b> 1255 S. Atlantic Blvd. Los Angeles, CA 90022	(323) 526-5819 <a href="http://www.elawc.org">www.elawc.org</a>	Free	E, Sp
<b>East Los Angeles Rape &amp; Battering Hotline: 1-800-585-6231</b>			

*Programs include Sexual Assault, Rape, Battering Program, Domestic Violence Services, Mental Health & Therapeutic Parenting Programs, HIV/AIDS Prevention Services, Testing & Therapeutic Services for HIV+ Women*

<b>Injury/Violence Prevention Program</b> 695 S. Vermont Ave., South Tower, 14 <sup>th</sup> Floor Los Angeles, CA 90005	(213) 351-7888 <a href="http://www.publichealth.lacounty.gov/ivpp/InjTopicsHome.htm">www.publichealth.lacounty.gov/ivpp/InjTopicsHome.htm</a>	Free	E, Sp
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**24-Hour Crisis Line: 1-800-978-3600 (LA County only)**

<b>Peace over Violence</b> 1015 Wilshire Boulevard, Suite 200 Los Angeles, CA 90017	(213) 955-9090 <a href="http://www.peaceoverviolence.org">www.peaceoverviolence.org</a>	Free	E, Sp
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*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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<b>Peace over Violence</b> 892 N. Fair Oaks Ave., Ste D Pasadena, CA 91103	(626) 584-6191 <a href="http://www.peaceoverviolence.org">www.peaceoverviolence.org</a>	Free	E, Sp
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**24 HOUR RAPE & BATTERING HOTLINES: (626) 793-3385 & (213) 626-3393**

*Provides Individual & Group Counseling for Survivors of Sexual Assault, Domestic & Relationship Violence, Stalking & Child Sexual Abuse*

<b>YWCA of Glendale</b> 735 E. Lexington Drive Glendale, CA 91206	(818) 242-4155 <a href="http://www.glendaleywca.org">www.glendaleywca.org</a>	Free	E, Sp, A
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**Abuse Hotline: 1-888-999-7511**

*Programs include a 45-Day Safe-Haven for Women & Children, Services including Meals, Housing, Counseling & Social Services; a Children’s Counseling Program, Legal Advocacy, Case Management, Housing Assistance, Employment, Education, Healthcare & childcare*

**American Indian**

<b>United American Indian Involvement</b> 1125 W. 6 <sup>th</sup> St., Suite 103 Los Angeles, CA 90017	(213) 202-3970 <a href="http://www.uaii.org">www.uaii.org</a>	Call for Cost	E, Sp
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*Provides Therapy & Support to Children, Adolescents, Their Families & Females Victims of Domestic Violence & Sexual Assault*

**Asian/Pacific**

<b>Asian Pacific Women’s Center</b> 244 S. San Pedro St Suite 504 Los Angeles, CA 90012	(213) 250-2977 <a href="http://www.apwcla.org">www.apwcla.org</a>	Free	E, Chi, Sp, J, K Tag, V
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*Programs include Domestic Violence Transitional Shelter, Children’s Empowerment Program, Community Education and Empowerment Program, Community Services, & Ivy Terrace Permanent Housing Program*

Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
<b>Center for the Pacific Asian Family</b> 543 N. Fairfax Ave., #108 Los Angeles, CA 90036	(323) 966-4590	Free	E, Chi, Sp, J, K Tag, V

**24-Hour Crisis Line: 1-800-339-3940**

*Offers Emergency Shelters, Programs for Youth include Relationship Violence, Sexual Assault & Violence Prevention Workshops*

**Hispanic/Latino**

<b>Su Casa Ending Domestic Violence</b> 3840 Woodruff Ave., Suite 203 Long Beach, CA 90808	(562) 421-6537 <a href="http://www.sucasadv.org">www.sucasadv.org</a>	Free	E, Sp
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**24-Hour Crisis Line: (562) 402-4888**

*Provides Counseling, Advocacy Services, Referral, Emergency Shelter & Transitional Shelter*

**HEALTH EDUCATION**

<b>American Heart Association</b> 816 S. Figueroa St. Los Angeles, CA 90017	(213) 291-7000 <a href="http://www.heart.org">www.heart.org</a>	Free	E, Ch, Sp, V
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*Provides Educational Programs, Cook-Books & Credible Heart Disease & Stroke Information for Effective Prevention & Treatment*

<b>Asthma &amp; Allergy Foundation of America, California Chapter</b> 3435 Wilshire Blvd, Ste 350 Los Angeles, CA 90010	(323) 937-7859	Free	E, Sp
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*Provides Support Groups for Parents of Asthma Children, Free Community & Public Education Programs & Educational Brochures on Variety Asthma/Allergy Topics*

<b>Asthma Coalition of Los Angeles County</b> Maternal, Child, and Adolescent Health Programs (Department of Public Health of LA County) 600 S. Commonwealth Ave., 8th Floor Los Angeles, CA 90005	(213) 639-6400 <a href="http://www.asthmacoalitionla.org">www.asthmacoalitionla.org</a>	Free	E
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*Increases Access to Health Care; Improves Indoor Air Quality in Homes & Outdoor, & Improves Asthma Management in Schools*



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<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
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<b>California Family Health Council</b> 3600 Wilshire Blvd., Suite 600 Los Angeles, CA 90010	(213) 386-5614 <a href="http://www.cfhc.org">www.cfhc.org</a>	Call for Cost	E
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*Programs include Title X, STD Programs, Teen Outreach & Patient Education*

<b>Center for Lupus Care</b> 100 N. Hillcrest Blvd., Ste 5 Inglewood, CA 90301	(310) 674-0080 <a href="http://www.center4lupuscare.org">www.center4lupuscare.org</a>	Call for Cost	E
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*Services include Support Group, Seminar, Workshop, Symposium & Psychological Group Counseling*

<b>Department of Public Health, County of Los Angeles</b> 3530 Wilshire Blvd., 8th Floor Los Angeles, CA 90010	(213) 351-7890 <a href="http://www.publichealth.lacounty.gov">www.publichealth.lacounty.gov</a>	Free	E
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*Programs include Physical Activity, Immunizations, Smoking Prevention, Alcohol & Drug Treatment*

<b>Department of Health Services</b> 313 N. Figueroa Street, Los Angeles, CA 90012	<a href="http://www.ladhs.org">www.ladhs.org</a>	Free	E
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*Offers Health Information & Programs throughout Los Angeles County*

<b>Los Angeles Intergroup of Overeaters Anonymous</b> 6404 Wilshire Blvd., Suite 710 Los Angeles, CA 90048	(323) 653-7652 <a href="http://www.oalaig.org">www.oalaig.org</a>	Free	E
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*Offers Free Self-Help with 12 Step Recovery Program*

<b>VA Greater Los Angeles HealthCare</b> 11301 Wilshire Blvd. Los Angeles, CA 90073	(310) 478-3711 <a href="http://www.losangeles.va.gov">www.losangeles.va.gov</a>	Call for Cost	E
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*Services include Crisis Prevention, Mental Health, PTSD & Public Health*

**Asian/Pacific**

<b>Herald Christian Health Center</b> SAN GABRIEL CLINIC 923 S. San Gabriel Blvd. San Gabriel, CA 91776	(626) 286-8700	Call for Cost	E, Ca, M
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*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**Asian/Pacific**

**Herald Christian Health Center**

WEST COVINA CLINIC

2707 E. Valley Blvd., Suite 215  
West Covina, CA 91792

(626) 667-8500

Call for Cost

E, Ca, M

*Services include Medical, Dental, Women’s Health Check up, Health Insurance Enrollment & Health Education Workshops*

**Korean Health Education Information & Research Center**

3727 W. 6th St., Suite 210  
Los Angeles, CA 90020

(213) 427-4000  
[www.lakheir.org](http://www.lakheir.org)

Call for Cost

E, K, Sp

*Provides Health Education & Information & Referral for Social Services & Health Related Issues*

**Thai Health and Information Services**

1654 N. Harvard Blvd.  
Los Angeles, CA 90027

(323) 661-2011  
[www.thaihealth.org](http://www.thaihealth.org)

Free

E, T

*Programs include Health & Immunization, Enrollment/Referral Assistance, Seniors & Youth*

**Hispanic/Latino**

**El Centro de Amistad**

7038 Owensmouth Ave.  
Canoga Park, CA 91303

(818) 347-8565

Call for Cost

E, Sp

[www.elcentrodeamistad.org](http://www.elcentrodeamistad.org)

*Programs & Services include Adult Outpatient Services, CALWORKS Program, Children’s Outpatient Programs, Field Capable Clinical Services, Multidisciplinary Assessment Team, Case Management & Medication Support*

**South Bay Family Health Care Center**

23430 Hawthorne Blvd., Ste 210  
Torrance, CA 90505

(310) 802-6177

Call for Cost

E, Sp

[www.sbfhc.org](http://www.sbfhc.org)

*Programs include Adult Medicine, Chronic Disease Management, Women’s Health, Prenatal Care, Pediatric Care, Dental Care, Social Services, Pregnancy Testing, Family Planning, HIV/AIDS Testing & Counseling, & Teen Walk-In Clinic*

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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## HEARING/VISION DISABLED

### American Action Fund for the Blind

18440 Oxnard Street  
Tarzana, CA 91356

(818) 343-3219

Free

E

[www.actionfund.org](http://www.actionfund.org)

*Assist Blind and Deaf-Blind Persons in Securing Reading Matter & Improve the Quality of Life for the Blind & Deaf-Blind*

### Blind Children's Center

4120 Marathon St.  
Los Angeles, CA 90029

(323) 664-2153

Free

E, Sp

[www.blindchildrenscenter.org](http://www.blindchildrenscenter.org)

*Family-Centered Organization Serving Children with Visual Impairments*

### Braille Institute Regional Sight Center

741 North Vermont Ave.  
Los Angeles, CA 90029

1-800-272-4553

Free

E

[www.brailleinstitute.org/los\\_angeles/](http://www.brailleinstitute.org/los_angeles/)

*Provides Talking Book & Braille Library, Low Vision Rehabilitation, & Services for Child, Youth, Teen & Adult*

### California Relay Services

*Free within Your Local Area*

711 from any phone

1-888-735-2929 (TTY Users)

1-888-877-5379 (Voice Users)

1-888-877-5381 (Voice Users)

E

Sp

*Provides Full Accessibility to People Who Are Deaf, Hard-of-Hearing or Speech Disabled*

### California Telephone Access Program

1520 W. Cameron Avenue, Suite 160  
West Covina, CA 91790

TTY 1-800-806-4474

1-800-806-1191 (Voice Users)

1-800-949-5650 (Voice Users)

1-866-324-8747 (Voice Users)

1-866-324-8754 (Voice Users)

E

Sp

M

Ca

[www.ddtp.cpuc.ca.gov](http://www.ddtp.cpuc.ca.gov)

*Provides Free Adaptive Phones to All California Residents Who Have Difficulty Hearing, Seeing, Moving, Speaking or Remembering*

Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

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<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
<b>Community Speech and Hearing</b> 18740 Ventura Blvd., Suite 100 Tarzana, CA 91356	(818) 774-0224	Call for Cost	E, Sp
<i>Offers Hearing Aid &amp; Assistive Device</i>			
<b>Foundation Fighting Blindness</b> 2800 28th Street, Suite 310 Santa Monica, CA 90405	(310) 450-2910 <a href="http://www.blindness.org">www.blindness.org</a>	Call for Cost	E
<i>Provides Information on Retinitis Pigmentosa, Macular Degeneration, Usher Syndrome &amp; Stargardt Disease</i>			
<b>Greater Los Angeles Agency on Deafness</b> 2222 Laverna Ave. Los Angeles, CA 90041	(323) 478-8000 TTY (323) 550-4226 <a href="http://www.gladinc.org">www.gladinc.org</a>	Free	E, Sp
<i>Services include Health Education, Employment, Public Relations, senior housing &amp; American Sign Language Interpreting Services (LifeSigns)</i>			
<b>International Hearing Aid Services</b> 7730 Pacific Blvd. Huntington Park, CA 90255	(323) 588-0742	Call for Cost	E, Sp
<i>Provides Support &amp; Information about Hearing Aids &amp; Assistive Device</i>			
<b>Junior Blind of America</b> 5300 Angeles Vista Blvd. Los Angeles, CA 90043	1-800-352-2290 <a href="http://www.juniorblind.org">www.juniorblind.org</a>	Call for Cost	E
<i>Helps Children &amp; Adults Who Are Blind, Visually Disabled Achieve Independence</i>			
<b>LifeSigns</b> 2222 Laverna Ave. Los Angeles, CA 90041	1-888-930-7776 <a href="http://www.lifesignsinc.org">www.lifesignsinc.org</a>	Call for Cost	E, Sp
<i>Provides Interpreter Referral, Communication Aids &amp; Video Relay Interpreting</i>			
<b>The Center for the Partially Sighted</b> 6101 W. Centinela Ave., Suite 150 Culver City, CA 90230	(310) 988-1970 <a href="http://www.low-vision.org">www.low-vision.org</a>	Call for Cost	E
<i>Help Individuals with Vision Loss Regain the Ability to Undertake the Tasks That Provide Independence</i>			

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<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
<b>The Jules Stein Eye Institute</b> 100 Stein Plaza UCLA Los Angeles, CA 90095	(310) 825-5000 <a href="http://www.jsei.org">www.jsei.org</a>	Call for Cost	E
<i>Programs include Care of Patients with Eye Disorders, Research in the Vision Sciences, Education in the Field of Ophthalmology and Outreach to the Community</i>			

**HIV/AIDS SUPPORT**

<b>AIDS Health Care Foundation (AHF)</b> 6255 W. Sunset Blvd., 21st Floor Los Angeles, CA 90028	(323) 860-5200 <a href="http://www.aidshealth.org">www.aidshealth.org</a>	Varies	E, Sp
<i>Programs include HealthCare Centers, Pharmacy, Health Care Plans, Free HIV Testing, Advocacy &amp; Thrift Stores</i>			

<b>AIDS Project Los Angeles</b> 611 S. Kingsley Drive Los Angeles, CA 90005	(213) 201-1600 <a href="http://www.apla.org">www.apla.org</a>	Free	E, Sp
<i>Services include Prevention Education, Housing Assistance, Mental Health Counseling, Women's Services, APLA Dental, Home Health, Nutrition Education &amp; Case Management</i>			

<b>AIDS Service Center</b> 65, N. Raymond Ave., Suite 20 Pasadena, CA 91103	(626) 441-8495 <a href="http://www.aidsservicecenter.org">www.aidsservicecenter.org</a>	Free	E, Sp
<i>Programs &amp; Services include HIV Testing, HIV 101 Education, Community Partnership Professional Development, Housing Services, Supplement Food Card Program, Household Goods Resource &amp; Alliance for Housing &amp; Healing</i>			

<b>L.A. Gay &amp; Lesbian Center</b> MCDONALD/WRIGHT BUILDING 1625 N. Schrader Blvd. Los Angeles, CA 90028	(323) 993-7400 <a href="http://www.lalgbtcenter.org">www.lalgbtcenter.org</a>	Call for Cost	E, Sp
<i>Services include Family Violence/STOP Domestic Violence, Health &amp; Medical Services, Mental Health &amp; Counseling.</i>			
<b>THE VILLAGE AT ED GOULD PLAZA</b> 1125 N. McCadden Place Los Angeles, CA 90038	(323) 860-7302 <a href="http://www.lalgbtcenter.org">www.lalgbtcenter.org</a>	Call for Cost	E, Sp
<i>Services include AIDS/Life Cycle, Cultural Arts &amp; Education, Computer/Internet Center, Learning Curve/Self-Enrichment Courses &amp; Senior Services</i>			

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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<b>L.A. Gay &amp; Lesbian Center</b> YOUTH CENTER ON HIGHLAND 1220 N. Highland Ave. Los Angeles, CA 90038	(323) 860-2280 <a href="http://www.lalgbtcenter.org">www.lalgbtcenter.org</a>	Call for Cost	E, Sp
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*Services include Clothing, Counseling & Social Services, Emergency Overnight Beds, Employment Assistance, Food, GED Program, HIV & STD Testing & Showers*

THE SPOT 745 N. San Vicente Blvd. West Hollywood, CA 90069	(323) 993-7440 <a href="http://www.lalgbtcenter.org">www.lalgbtcenter.org</a>	Call for Cost	E, Sp
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*Services include HIV/STD Testing & STD Treatment*

HIGHLAND ANNEX 1220 N. Highland Ave. Los Angeles, CA 90038	<a href="http://www.lalgbtcenter.org">www.lalgbtcenter.org</a>	Call for Cost	E, Sp
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*Services include Family Services, Hate Crime Victim Assistance, Legal Services & Youth Services*

<b>The LGBT/Q Center of Long Beach</b> 2017 E. 4th St. Long Beach, CA 90814	(562) 434-4455 <a href="http://www.centerlb.org">www.centerlb.org</a>	Call for Cost	E
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*Services include Support Groups, Workshops & Seminars, Youth Services, Legal Assistance, Employment Referrals, Rental and Roommate Referrals, a Hate Crimes Hotline, Mental Health Counseling, Cultural & Social Activities*

**African American**

<b>Black AIDS Institute</b> 1833 W. 8th Street, Ste 200 Los Angeles, CA 90057	(213) 353-3610 <a href="http://www.blackaids.org">www.blackaids.org</a>	Call for Cost	E, Sp
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*Offers HIV/AIDS Prevention Programs, Information & Referrals*

**Asian/Pacific**

<b>Asian Pacific AIDS Intervention Team</b> 1730 W. Olympic Blvd., Suite 300 Los Angeles, CA 90015	(213) 375-3830 <a href="http://www.apaitonline.org">www.apaitonline.org</a>	Call for Cost	E, Ca, M, J, K Tag, T, V
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<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
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**Asian/Pacific**

**Asian Pacific AIDS Intervention Team**

ORANGE COUNTY OFFICE 12900 Garden Grove Blvd., Ste 220 A Garden Grove, CA 92843	(714) 636-1349 <a href="http://www.apaitonline.org">www.apaitonline.org</a>	Call for Cost	E, Ca, M, J, K Tag, T, V
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*Programs & Services include HIV Care Programs, Behavioral Health Services, Substance Abuse Programs, HIV Testing, HIV Education & Counseling Programs & Social Support Groups*

**Hispanic/Latino**

**Bienestar Human Services**

EL MONTE CENTER 3131 Santa Anita Ave. Suite 109 El Monte, CA 91733	(626) 444-9453 <a href="http://www.bienestar.org">www.bienestar.org</a>	Call for Cost	E, Sp
EAST LOS ANGELES CENTER 5326 E. Beverly Blvd. Los Angeles, CA 90022	(323) 727-7896 <a href="http://www.bienestar.org">www.bienestar.org</a>	Call for Cost	E, Sp
LONG BEACH CENTER 1464 Cherry Ave. Long Beach, CA 90813	(562) 438-5800 <a href="http://www.bienestar.org">www.bienestar.org</a>	Call for Cost	E, Sp
POMONA CENTER 180 E. Mission Blvd. Pomona, CA 91766	(909) 397-7660 <a href="http://www.bienestar.org">www.bienestar.org</a>	Call for Cost	E, Sp

*Programs & Services include Case Management, Housing Assistance, HIV Treatment Education, Mental Health Counseling, Healthy Relationships, Peer Support, Food Bank & HIV & STI Prevention & Education Programs for Gay & Bisexual men, Transgender Women & Substance Users*

**El Proyecto del Barrio**

8902 Woodman Ave. Arleta, CA 91331	(818) 830-7133 <a href="http://www.elproyecto.us">www.elproyecto.us</a>	Call for Cost	E, Sp
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*Services include Family & Youth Services, HIV Services, Employment & Training Services & Drug Abuse Counseling Services*

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Program Title	Contact	Cost	Languages
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## HOMELESS SHELTERS/FOOD

### Covenant House California

1325 N. Western Ave.  
Hollywood, CA 90027

(323) 461-3131

Free

E, Sp

[www.covenanthousecalifornia.org](http://www.covenanthousecalifornia.org)

**Toll Free Number: 1-800-999-9999**

*Offers Advocacy, Outreach, Crisis Shelters, Transitional Living Program & Supportive Apartment Program*

### Downtown Women Center

442 S. San Pedro St.  
Los Angeles, CA 90013

(213) 680-0600

Free

E

[www.dwcweb.org](http://www.dwcweb.org)

*Services include meals, personalized case management, an on-site medical clinic, health workshops and screenings, computer literacy, government benefits advocacy, support groups, job counseling, and self-expression classes*

### Food on Foot

HOLLYWOOD FEEDING LOCATION  
1625 N. Schrader Blvd.  
Los Angeles, CA 90028

(310) 442-0088

Free

E

[www.foodonfoot.org](http://www.foodonfoot.org)

### Homeless Health Care Los Angeles

2330 Beverly Blvd.  
Los Angeles, CA 90057

(213) 744-0724

Free

E

[www.hhcla.org](http://www.hhcla.org)

### Jovenes, Inc

1208 Pleasant Ave.  
Los Angeles, CA 90033

(323) 260-8035

Free

E, Sp

[www.jovenesinc.org](http://www.jovenesinc.org)

*Continuum of Care includes Emergency Shelter, Transitional Housing & Permanent Supportive Housing*

### Los Angeles Coalition to End Hunger & Homelessness

2500 Wilshire Blvd., Ste 1155  
Los Angeles, CA 90057

(213) 251-0041

Free

E

[www.lacehh.org](http://www.lacehh.org)

### Los Angeles Mission

303 East 5th St.  
Los Angeles, CA 90013

(213) 629-1227

Free

E, Sp

[www.losangelesmission.org](http://www.losangelesmission.org)



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Program Title	Contact	Cost	Languages
<b>MLK Community Health Foundation</b>			
NEW IMAGE EMERGENCY SHELTER 8720 S. Figueroa St. Los Angeles, CA 90003			
BEYOND SHELTER 7826 S. Broadway St. Los Angeles, CA 90003			
HOPICS (HOMELESS OUTREACH PROGRAM & INTEGRATED CARE SYSTEM) 5175 S. Broadway St., #1 Los Angeles, CA 90037			
<b>My Friend's Place</b>			
5850 Hollywood Blvd. Los Angeles, CA 90028	(323) 908-0011 <a href="http://www.myfriendsplace.org">www.myfriendsplace.org</a>	Call for Cost	E
<i>Programs include Safe Haven Program, Transformative Education Program &amp; Health &amp; Well Being Program</i>			
<b>Rio Hondo Temporary Home</b>			
12300 4th St., Building 213 Norwalk, CA 90650	(562) 863-8805 <a href="http://www.riohondohome.org">www.riohondohome.org</a>	Free	E, Sp
<b>Shelter First</b>			
1002 E 7th St. Los Angeles, CA 90021	(213) 622-4972	Free	E, Sp
<i>Provides Short Term &amp; Transitional Shelter to Homeless Men, Women &amp; Children</i>			
<b>Sunshine Mission for Women</b>			
2600 South Hoover St. Los Angeles, CA 90007	(213) 747-7419	Free	E, Sp
<b>Weingart Center Association</b>			
566 S. San Pedro St. Los Angeles, CA 90013	(213) 627-9000 <a href="http://www.weingart.org">www.weingart.org</a>	Free	E, Sp

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Program Title	Contact	Cost	Languages
<b>Union Rescue Mission</b> 545 S. San Pedro Ave. Los Angeles, CA 90013	(213) 347-6300 <a href="http://www.unionrescuemission.org">www.unionrescuemission.org</a>	Free	E, Sp
<i>Emergency Services include Food, Shelter, Clothing, Personal Hygiene, Clinics, Day Center, Family Community Center, Hospitality Center, Individual Assessment/Counseling, Life Management Classes &amp; Spiritual Encouragement</i>			
<b>U. S. Mission - Hudson House</b> 1154 N. Western Ave. Hollywood, CA 90029	(213) 465-0247	Free	E, Sp
<b>Valley Shelter</b> 7843 Lankershim Blvd. North Hollywood, CA 91605	(818) 982-4091	Free	E, Sp

## INTERPRETATION SERVICES

<b>Asian Pacific AIDS Intervention Team</b> 1730 W. Olympic Blvd., Suite 300 Los Angeles, CA 90015	(213) 375-3830 <a href="http://www.apaitonline.org">www.apaitonline.org</a>	Free	E, Ca, M, J, K Tag, T, V
ORANGE COUNTY OFFICE 12900 Garden Grove Blvd., Ste 220 A Garden Grove, CA 92843	(714) 636-1349 <a href="http://www.apaitonline.org">www.apaitonline.org</a>	Free	E, Ca, M, J, K Tag, T, V
<i>Offers Free Interpretation Services</i>			

<b>Pacific Asian Languages Services (PALS for Health)</b> 1730 W. Olympic Blvd., 4 <sup>th</sup> Floor, Ste 3A-200 Los Angeles, CA 90015	(213) 553-1818 <a href="http://www.palsforhealth.org">www.palsforhealth.org</a>	Free	E, Sp, K, Ca, M J, T, V
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## LEGAL SERVICES

<b>Bet Tzedek Legal Services</b> 3250 Wilshire Blvd., 13th Floor Los Angeles, CA 90010	(323) 939-0506 <a href="http://www.bettzedek.org">www.bettzedek.org</a>	Call for Cost	E, Sp, R
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*Legal Assistance includes Counseling & Representation at Trials, Administrative Hearings & Appeals*

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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<b>Center for Human Rights</b> 256 S. Occidental Blvd. Los Angeles, CA 90057	(213) 388-8693 <a href="http://www.centerforhumanrights.org">www.centerforhumanrights.org</a>	Call for Cost	E, Sp
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*Legal Services to Indigent Immigrants & Refugees in Proceedings before the INS & Other Government Agencies*

<b>Coalition for Humane Immigrant Rights</b> 2533 W. 3 <sup>rd</sup> St., Suite 101 Los Angeles, CA 90057	(213) 353-1333 <a href="http://www.chirla.org">www.chirla.org</a>	Call for Cost	E, Sp
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*Provides Legal Representation & Support Network for Immigrants & Refugees*

<b>Harriett Buhai Center for Family Law</b> 3250 Wilshire Blvd., Suite 710 Los Angeles, CA 90010	(213) 388-7515 <a href="http://www.hbcfl.org">www.hbcfl.org</a>	Free	E, Sp
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*Provides Family Law & Domestic Violence Assistance to Low-Income Families*

<b>Los Angeles County Bar Association</b> 1055 West Seventh Street, Suite 2700 Los Angeles, CA 90017	(213) 627-2727 <a href="http://www.lacba.org">www.lacba.org</a>	Call for Cost	E, Sp
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<b>Los Angeles County Bar Association – Public Counsel</b> 601 S. Ardmore Ave. Los Angeles, CA 90005	(213) 385-2977 <a href="http://www.lacba.org">www.lacba.org</a>	Call for Cost	E, Sp
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*Assists with Family Law, divorce, paternity, custody, restraining orders, homeownership and tenant defense, and government benefits*

<b>Union Rescue Mission</b> 545 S. San Pedro Ave. Los Angeles, CA 90013	(213) 347-6300 <a href="http://www.unionrescuemission.org">www.unionrescuemission.org</a>	Free	E, Sp
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**Asian/Pacific**

<b>Asian Pacific American Legal Center</b>	(213) 977-7500 (800) 520-2356 (800) 867-3126	Call for Cost	E, J, Tag Ca, M Kh
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Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Asian/Pacific**

<b>Asian Pacific American Legal Center</b>	(800) 867-3640 (800) 914-9583 (800) 267-7395 <a href="http://www.apalc.org">www.apalc.org</a>		K T V
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*Provides Asian and Pacific Islander and Other Communities with Multi-Lingual, Culturally Sensitive Services & Legal Education including Housing, Domestic Violence, Family Law, Immigration, Citizenship, Consumer Fraud or Discrimination*

**Hispanic/Latino**

<b>Central American Resource Center</b> 2845 W. 7th St. Los Angeles, CA 90005	(213) 385-7800 <a href="http://www.carecen-la.org">www.carecen-la.org</a>	Call for Cost	E, Sp, K
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*Empower Central Americans by Defending Human & Civil Rights, Working for Social & Economic Justice & Promoting Cultural Diversity*

<b>El Rescate Legal Services</b> 1501 West 8th St., Suite 200 Los Angeles, CA 90017	(213) 387-3284 <a href="http://www.elrescate.org">www.elrescate.org</a>	Call for Cost	E, Sp
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**SENIOR RESOURCES – LOS ANGELES COUNTY**

<b>Antelope Valley Senior Center</b> 777 W. Jackman St. Lancaster	(661) 726-4403	Call for Cost	E
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<b>Alicia Broadous-Duncan MSC*</b> 11300 Glenoaks Blvd. Pacoima, CA 91331	(818) 834-6100	Call for Cost	E, Sp
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<b>Altadena Senior Center</b> 560 E. Mariposa St. Altadena, CA 91001	(626) 798-0505	Call for Cost	E
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**MSC\* = Multipurpose Senior Center**

Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**SENIOR RESOURCES – LOS ANGELES COUNTY**

<b>Arcadia Senior Services</b> 365 Campus Drive Arcadia	(626) 574-5130	Call for Cost	E
<b>Artesia MSC*</b> 18750 Clarkdale Artesia	(562) 924-6509	Call for Cost	E
<b>Azusa Senior Center</b> 740 N. Dalton Ave. Azusa, CA 91702	(626) 812-5204	Call for Cost	E, Sp
<b>Barbara Riley Senior Center</b> 12458 Rives Ave. Downey	(562) 904-7226	Call for Cost	E
<b>Barlett Senior Center</b> 1318 Cravens Ave. Torrance	(310) 320-5918	Call for Cost	E
<b>Bell Community Center</b> 6250 Pine Ave. Bell	(323) 773-1596	Call for Cost	E
<b>Bell Community Center</b> 6250 Pine Ave. Bell	(323) 773-1596	Call for Cost	E
<b>Bell Gardens MSC*</b> 6800 Florence Ave. Bell Gardens	(562) 806-5400	Call for Cost	E
<b>Bernardi Senior MSC*</b> 6514 Sylmar Ave. Van Nuys, CA 91401	(818) 718-1101	Call for Cost	E, Sp
<b>Beverly Hills Roxbury Park Community Center</b> 471 S. Roxbury Drive Beverly Hills	(310) 285-4761 <a href="http://www.beverlyhills.org">www.beverlyhills.org</a>	Call for Cost	E

MSC\* = Multipurpose Senior Center

**Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties**

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
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**SENIOR RESOURCES – LOS ANGELES COUNTY**

**Bradley MSC\***

10957 S. Central Ave. Los Angeles, CA 90059	(323) 923-2753	Call for Cost	E
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**Burbank Joslyn MSC\***

1301 W. Olive Ave. Burbank	(818) 238-5353	Call for Cost	E
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**Carson Senior Social Services**

801 E. Carson St. Carson, CA 90745	(310) 835-0212	Call for Cost	E, Sp
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**Cerritos MSC\***

12340 South St. Cerritos, CA 90703	(562) 916-8550	Call for Cost	E
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**City of Downey Community Senior Services**

7810 Quill Dr. Downey, CA 90241	(562) 904-7223	Call for Cost	E
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**City of La Puente Senior Center**

16001 E. Main St. La Puente, CA 91744	(626) 855-1585	Call for Cost	E, Sp
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**Claremont Joslyn Senior Center**

660 N. Mountain Ave. Claremont, CA 91711	(909) 399-5488	Call for Cost	E, Sp
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**Commerce Senior Citizens Center**

2555 Commerce Way Commerce	(323) 887-4430 <a href="http://www.ci.commerce.ca.us">www.ci.commerce.ca.us</a>	Call for Cost	E
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**Covina Joslyn Senior Center**

815 N. Barranca Ave. Covina, CA 91723	(626) 966-6378	Call for Cost	E, Ch, Sp
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**Culver City Senior Center**

4095 Overland Ave. Culver City, CA 90232	(310) 253-6700	Call for Cost	E, C, I
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**MSC\* = Multipurpose Senior Center**

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
<b>SENIOR RESOURCES – LOS ANGELES COUNTY</b>			
<b>Delta Sigma MSC*</b>			
2528 West Blvd. Los Angeles	(323) 735-5799	Call for Cost	E
<b>Duarte Senior Center</b>			
1610 Huntington Drive Duarte, CA 91010	(626) 357-3513	Call for Cost	E
<b>East Los Angeles Neighborhood Center</b>			
133 North Sunol Drive Los Angeles	(323) 260-2823	Call for Cost	E
<b>East Valley MSC*</b>			
5056 Van Nuys Blvd. Sherman Oaks, CA 91603	(818) 766-5165	Call for Cost	E
<b>El Monte Community &amp; Senior Center</b>			
3120 N. Tyler Ave. El Monte, CA 91731	(626) 580-2210	Call for Cost	E, Sp
<b>El Dorado Senior Center</b>			
2800 Studebaker Rd. Long Beach, CA 90815	(562) 570-3227	Call for Cost	E
<b>El Segundo Joslyn Senior Center</b>			
339 Sheldon St. El Segundo, CA 90245	(310) 524-2705	Call for Cost	E
<b>Felicia Mahood Senior MSC*</b>			
11338 Santa Monica Blvd. Los Angeles, CA 90025	(310) 479-4119	Call for Cost	E, Fa, Sp
<b>Gardena Senior Citizens Day Care Center</b>			
14517 Crenshaw Blvd. Gardena	(310) 217-9550	Call for Cost	E
<b>George &amp; Helen Thomas MSC*</b>			
2475 Washington Blvd. Los Angeles	(323) 734-9091	Call for Cost	E

**MSC\* = Multipurpose Senior Center**

**Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties**

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<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
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**SENIOR RESOURCES – LOS ANGELES COUNTY**

<b>Glendale Senior Center</b> 201 E. Colorado St, Glendale	(818) 548-3778	Call for Cost	E
<b>Glendale Sparr Heights Senior Center</b> 1613 Glencoe Way Glendale	(818) 548-2187	Call for Cost	E
<b>Hawthorne Senior Center</b> 3901 El Segundo Blvd. Hawthorne	(310) 349-1650	Call for Cost	E
<b>Hollywood MSC*</b> 1360 North St. Andrews Place Los Angeles	(323) 957-3900	Call for Cost	E, Sp, A, R
<b>Huntington Senior Care Network</b> 837 S. Fair Oaks Ave., Ste 100 Huntington Park	(626) 397-3110	Call for Cost	E, Ch, Sp
<b>Huntington Park Old Timer Foundation</b> 3355 East Gage Ave. Huntington Park	(323) 589-7100	Call for Cost	E
<b>Inglewood Senior Center</b> 330 Centinela Ave. Inglewood, CA 90302	(310) 412-5338	Call for Cost	E
<b>International Institute of LA MSC*</b> 435 S. Boyle Ave. Los Angeles	(323) 264-6210	Call for Cost	E
<b>Interval Senior Services</b> 943 Grand Ave. Covina	(626) 858-8382	Call for Cost	E
<b>Irwindale Senior Center</b> 16116 Arrow Hwy. Irwindale	(626) 430-2283	Call for Cost	E

**MSC\* = Multipurpose Senior Center**



Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**SENIOR RESOURCES – LOS ANGELES COUNTY**

<b>Jack Crippen MSC*</b> 3120 N. Tyler Ave. El Monte	(626) 580-2210	Call for Cost	E
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<b>Jaycees Foundation Inc. MSC*</b> 1148 N. Avalon Blvd. Wilmington	(310) 518-4533	Call for Cost	E
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<b>Joslyn Adult Center</b> 210 N. Chapel Ave. Alhambra, CA 91801	(626) 570-3220	Call for Cost	E, C, M, Sp
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<b>Ken Nakaoka MSC*</b> 1670 W. 162 St., Ste B Gardena	(310) 217-9552	Call for Cost	E
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<b>La Fetra Senior Center</b> 333 East Foothill Blvd. Glendora	(626) 914-0560	Call for Cost	E
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<b>La Mirada Older Adult Services</b> 13710 La Mirada Blvd. La Mirada	(562) 902-3160	Call for Cost	E
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<b>La Verne Senior Center</b> 3680 D St. La Verne	(909) 596-8777	Call for Cost	E
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<b>Lawndale Senior Center</b> 14701 South Burin Ave. Lawndale	(310) 679-3344	Call for Cost	E
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<b>Lennox Senior Center</b> 10828 Condon Ave. Lennox, CA 90304	(310) 412-5439	Call for Cost	E, Sp
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<b>Lincoln Heights Senior Center</b> 2323 Workman St. Los Angeles	(323) 225-9339	Call for Cost	E, Sp
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**MSC\* = Multipurpose Senior Center**

Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
<b>SENIOR RESOURCES – LOS ANGELES COUNTY</b>			
<b>Long Beach Senior Center</b> 1150 E. 4 <sup>th</sup> St. Long Beach, CA 90802	(562) 570-3500	Call for Cost	E
<b>Manhattan Beach Senior Center</b> 1601 N. Valley Drive Manhattan Beach	(310) 802-5447	Call for Cost	E
<b>Monterey Park Langley MSC*</b> 400 West Emerson Ave. Monterey Park	(626) 307-1395	Call for Cost	E
<b>Maywood Senior Citizen Program</b> 4801 E. 58th St. Maywood	(323) 562-7043	Call for Cost	E
<b>Mid-Valley Senior Center</b> 14450 Valerio St. Van Nuys	(818) 786-4282	Call for Cost	E
<b>Northeast Valley MSC*</b> 11300 Glenoaks Blvd. Pacoima, CA 91331	(818) 834-6100	Call for Cost	E, Sp
<b>Norwalk Senior Citizens Center</b> 14040 San Antonio Dr. Norwalk	(562) 929-5580	Call for Cost	E
<b>One Generation MSC*</b> 17400 Victory Blvd. Van Nuys, CA 91406	(818) 705-2345	Call for Cost	E, Sp
<b>Palmdale Senior Center</b> 1002 E. Avenue Q-12 Palmdale	(661) 267-5551	Call for Cost	E
<b>Palomares City Hall Senior Program</b> 499 E. Arrow Hwy, Pomona, CA 91767	(909) 620-2324	Call for Cost	E, Sp

**MSC\* = Multipurpose Senior Center**

Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
<b>SENIOR RESOURCES – LOS ANGELES COUNTY</b>			
<b>Paramount MSC*</b>			
14400 Paramount Blvd. Paramount	(562) 220-2090	Call for Cost	E
<b>Pasadena Senior Center</b>			
85 E. Holy St. Pasadena, CA 91103	(626) 795-4331	Call for Cost	E
<b>Peninsula Seniors/Palos Verdes</b>			
810 Silver Spur Rd., Ste C Rolling Hills Est.	(310) 377-3003	Call for Cost	E
<b>Peter Schabarum MSC*</b>			
1556 Central Ave. South El Monte	(626) 448-0131	Call for Cost	E
<b>Pico Rivera Senior Center</b>			
9200 Mines Ave. Pico Rivera, CA 90660	(562) 948-4844	Call for Cost	E, Sp
<b>Redondo Beach Senior &amp; Family Services</b>			
320 Knob Hill Ave. Redondo Beach	(310) 318-0650	Call for Cost	E
<b>Robert M. Wilkinson MSC*</b>			
8956 Vanalden Ave. Northridge, CA 91324	(818) 756-7741	Call for Cost	E
<b>Rosemead Community Recreation Center</b>			
3936 N. Muscatel Ave. Rosemead, CA 91770	(626) 569-2251	Call for Cost	E, Sp
<b>San Dimas Senior Center</b>			
201 E. Bonita Ave. San Dimas	(909) 394-6290	Call for Cost	E
<b>San Gabriel Senior Center</b>			
324 South Mission Drive San Gabriel	(626) 308-2822	Call for Cost	E

MSC\* = Multipurpose Senior Center

**Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties**

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<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
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**SENIOR RESOURCES – LOS ANGELES COUNTY**

<b>Santa Anita Family Services Senior Center</b> 603 S. Myrtle Ave. Monrovia, CA 91016	(626) 358-1185 (800) 667-3646	Call for Cost	E
<b>Santa Clarita Valley Senior Center</b> 22900 Market St. Santa Clarita, CA 91321	(661) 259-9444	Call for Cost	E, Ch, Sp
<b>Santa Fe Springs MSC*</b> 9255 Pioneer Blvd. Santa Fe Springs	(562) 692-0261	Call for Cost	E
<b>Sierra Madre Senior Center</b> 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024	(626) 355-7135	Call for Cost	E, Ch, Sp
<b>Slauson Park MSC*</b> 5306 S. Compton Ave. Los Angeles	(323) 846-5395	Call for Cost	E
<b>South El Monte Senior Center</b> 1556 Central Ave. South El Monte, CA 91733	(626) 448-0131	Call for Cost	E, Sp
<b>St. Barnabas Senior Center</b> 675 S. Carondelet St. Los Angeles, CA 90057	(213) 388-4444	Call for Cost	E, A, K, Sp Tag
<b>Theresa Lindsay MSC*</b> 429 E. 42 <sup>nd</sup> Place Los Angeles, CA 90011	(323) 846-1920	Call for Cost	E, Sp
<b>Valley Storefront Jewish Family Services</b> 12821 Victory Blvd. North Hollywood	(818) 984-1380	Call for Cost	E
<b>Walnut Senior Center</b> 21215 La Puente Rd. Walnut	(909) 598-6200	Call for Cost	E

**MSC\* = Multipurpose Senior Center**

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aotian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**SENIOR RESOURCES – LOS ANGELES COUNTY**

<b>Weingart Senior Recreation Center</b> 5220 Olivia Ave. Lakewood, CA 90712	(562) 630-6141	Call for Cost	E, Sp
<b>West Covina Senior Citizens Center</b> 2501 E. Cortez West Covina, CA 91791	(626) 331-5366	Call for Cost	E, Sp
<b>West Hollywood Service Center</b> 7377 Santa Monica Blvd. West Hollywood	(323) 851-8202	Call for Cost	E
<b>Whittier Senior Center</b> 13225 Walnut St. Whittier	(562) 464-3370	Call for Cost	E
<b>Wilmington MSC*</b> 1371 N. Eubank Ave. Wilmington, CA 90744	(310) 518-4533	Call for Cost	E, Sp
<b>Wise MSC*</b> 1527 4 <sup>th</sup> St. Santa Monica	(310) 394-9871	Call for Cost	E

**Armenian/Iranian/Russian**

<b>Armenian Senior Center</b> 407 E. Colorado Blvd. Glendale	(818) 241-8690	Call for Cost	E, A
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**Asian/Pacific**

<b>Asian Pacific Coalition on Aging</b> 1543 W. Olympic Blvd., Suite 200-A1 Los Angeles	(213) 365-6252	Call for cost	E, V, K, Tag
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MSC\* = Multipurpose Senior Center

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**SENIOR RESOURCES – LOS ANGELES COUNTY**

**Hispanic/Latino**

<b>El Sereno Senior Citizens Center</b> 4818 Klamath Pl. Los Angeles	(323) 222-2040	Call for Cost	E, Sp
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**ADULT DAY SERVICES**

Adult Day Services are programs designed to provide stimulation in a safe environment during the day for adults with physical and mental functional impairment, including individuals with Alzheimer’s disease and related disorders. These programs offer an opportunity for social interaction, promote health maintenance, foster independence, provide much-needed respite for family caregivers, or offer family members a safe place for their loved one to stay while they work.

**WEBSITES RELATED TO ADULT DAY SERVICES**



- California Association of Adult Day Services** [www.caads.org](http://www.caads.org)
- California Department of Health Care Services** [www.dhcs.ca.org](http://www.dhcs.ca.org)
- California Department of Social Services, Community Care Licensing** [www.cclid.ca.gov](http://www.cclid.ca.gov)

**ASSISTED LIVING FACILITIES**

<b>A Place for Mom</b> Provides referrals to RCFEs & nursing facilities	(877) 311-6099	Call for Cost	E, Sp
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<b>Accent on Seniors</b> Provides referrals to RCFEs & nursing facilities statewide	(888) 954-6637 <a href="http://www.accentonseniors.com">www.accentonseniors.com</a>	Call for Cost	E, R, Sp
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<b>California Registry</b> Provides referrals to RCFEs & nursing facilities statewide	(800) 777-7575 <a href="http://www.calregistry.com">www.calregistry.com</a>	Call for Cost	E
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<b>Concepts for Living</b> Provides referrals to RCFEs	(818) 340-7272	Call for Cost	E
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*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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***Alzheimer's & Dementia Resources – Los Angeles County***

***ASSISTED LIVING FACILITIES (CONT)***

**Connections**

Provides referrals to RCFEs	(800) 330-5993	Call for Cost	E, Sp
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**Elderlink Referral Services**

Provides referrals to RCFEs & nursing facilities	(800) 613-5772	Call for Cost	E
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**Heartlight**

Provides referrals to RCFEs	(310) 204-2223	Call for Cost	E
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**Senior Homes**

Provides referrals to RCFEs & nursing facilities statewide	(866) 700-1545	Call for Cost	E
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**Senior Placement Hotline**

Provides referrals to RCFEs & nursing facilities in Los Angeles County	(877) 353-3756	Call for Cost	E
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**Senior Residential Choices**

Provides referrals to RCFEs	(800) 584-1855 <a href="http://www.sr-choices.com">www.sr-choices.com</a>	Call for Cost	E
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**Southern California Senior Resources**

Provides referrals to RCFEs	(866) 697-3646	Call for Cost	E, Sp
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**WEBSITES RELATED TO ASSISTED LIVING FACILITIES**



**CareFinder – an online guide for informed choices when selecting residential care**

[www.alz.org/carefinder](http://www.alz.org/carefinder)

**CareMavens – an online database of professional elder care providers and RCFEs**

[www.alzla.org/resources](http://www.alzla.org/resources)

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**CARE MANAGEMENT**

Care management helps older adults and their families determine their needs and find the best available resources to meet those needs.

**GREATER LOS ANGELES (ALL AREAS)**

**Alzheimer’s Association, California Southland Chapter**

Care Management Services/ Care Consultation	(800) 272-3900	Call for Cost	E
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**ANTELOPE VALLEY**

**Antelope Valley Senior Center**

777 W. Jackman St. Lancaster, CA 93534	(661) 726-4400	Call for Cost	E, Sp
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**LOS ANGELES**

**Access Healthcare Associates**

9233 West Pico Blvd., Ste 230 Los Angeles, CA 90035	(310) 356-8146	Call for Cost	E
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**AltaMed PACE**

5425 E. Pomona Blvd. Los Angeles, CA 90022	(323) 728-0411	Call for Cost	E, Sp
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**API CARE – Asian Pacific Counseling & Treatment Center**

520 Lafayette Park Place, 3rd Fl. Los Angeles, CA 90057	(213) 252-2100	Call for Cost	E
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**Center for Health Care Rights**

520 Lafayette Park Place, Ste 214 Los Angeles, CA 90057	(213) 383-4519	Call for Cost	E
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**Center for the Partially Sighted**

6101 W. Centinela Ave., Ste 150 Culver City, CA 90230	(310) 988-1970	Call for Cost	E
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**Choice Home Care**

16906 Parthenia St., Ste 303 Culver City, CA 90230	(818) 894-4151	Call for Cost	E
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Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer's & Dementia Resources – Los Angeles County**

**CARE MANAGEMENT (CONT)**

<b>City of South Pasadena Community Services</b> 1102 Oxley St. South Pasadena, CA 91030	(626) 403-7360	Call for Cost	E, C, Sp
<b>Didi Hirsch Community Mental Health Center</b> 4760 S. Sepulveda Blvd. Culver City, CA 90230	(310) 390-6612 ext. 896	Call for Cost	E, A, Sp
<b>Excellent In-Home Care</b> 16601 Ventura Blvd., Ste 506 Encino, CA 91436	(818) 755-4900	Call for Cost	E, Fa
<b>Gardena Senior Citizen's Bureau</b> 1670 W. 162 <sup>nd</sup> St. Gardena, CA 90247	(310) 217-9552	Call for Cost	E, J, Sp
<b>Glendale Adult Recreation Center</b> 201 E. Colorado St. Glendale, CA 91205	(818) 548-3775	Call for Cost	E, A, Sp
<b>Gus Velasco Neighborhood Center</b> 9255 Pioneer Blvd. Santa Fe Springs, CA 90670	(562) 692-0261	Call for Cost	E
<b>Houghton Park Community Center</b> 6301 Myrtle Ave. Long Beach, CA 90805	(562) 570-1640	Call for Cost	E, Sp
<b>Human Services Association</b> 6800 Florence Ave. Bell Gardens, CA 90201	(562) 806-5400	Call for Cost	E, Sp
<b>La Fetra Center</b> 333 E. Foothill Blvd. Glendora, CA 91741	(626) 914-8235	Call for Cost	E
<b>Lawndale Community Center</b> 14700 Burin Ave. Lawndale, CA 90260	(310) 973-3270	Call for Cost	E, Sp

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**CARE MANAGEMENT (CONT)**

<b>LivHome</b> 5670 Wilshire Blvd., Ste 500 Los Angeles, CA 90036	(323) 933-5885	Call for Cost	E, J, R, Sp
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<b>Los Angeles Caregiver Resource Center</b> 732 Mott St., Ste 150 San Fernando, CA 91340	(818) 847-9141	Call for Cost	E, C, M, Sp
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<b>ONEgeneration</b> 17400 Victory Blvd. Van Nuys, CA 91406	(818) 708-6625	Call for Cost	E, Sp
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<b>The Caring Connection</b> 10727 Wilshire Oak Ave., Ste 206 Granada Hills, CA 91344	(818) 368-5007	Call for Cost	E, Sp, V
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<b>Wise and Healthy Aging</b> 1527 4 <sup>th</sup> St. Ken Edwards Bldg., 2 <sup>nd</sup> Fl Santa Monica, CA 90401	(310) 394-9871	Call for Cost	E, Fa, Sp
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<b>Your Care Manager</b> 6320 Wilshire Blvd., #820 Los Angeles, CA 90048	(323) 395-7068	Call for Cost	E
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**Asian/Pacific**

<b>Little Tokyo Service Center</b> 231 E. 3 <sup>rd</sup> St., Ste G106 Los Angeles, CA 90013	(213) 473-1602	Call for Cost	E, Ch, J, Sp
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<b>Chinatown Service Center</b> 112 N. Chandler Ave., Ste 105 Monterey Park, CA 91754	(626) 293-8733	Call for Cost	E, C, M
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<b>Live Oak Park Community Center</b> 10144 Bogue St. Temple City, CA 91780	(626) 579-0461	Call for Cost	E, Ch, J, Sp
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Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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***Alzheimer's & Dementia Resources – Los Angeles County***

**CARE MANAGEMENT (CONT)**

<b>Long Beach Asian Pacific Mental Health</b> 4510 E. Pacific Coast Hwy., Ste 600 Long Beach, CA 90804	(562) 346-1100	Call for Cost	E, Ch, Kh, K J, Tag, V
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**Jewish**

<b>JFS/Senior Outreach Seniors</b> 4311 Wilshire Blvd., Ste 209 Los Angeles, CA 90010	(323) 932-0316	Call for Cost	E
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<b>Jewish Family Services Freda Mohr Center</b> 330 N. Fairfax Ave. Los Angeles, CA 90036 Multipurpose Senior Services Program	(323) 937-5930	Call for Cost	E, R, Sp
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<b>Jewish Family Services of Los Angeles</b> 12821 Victory Blvd. North Hollywood, CA 91606	(818) 984-1380	Call for Cost	E
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<b>JFS/West Hollywood Comprehensive Service Center</b> 7377 Santa Monica Blvd. West Hollywood, CA 90046	(323) 851-8202	Call for Cost	E, R
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<b>Pico-Robertson Family Resource Ctr. Jewish Family Services</b> 8838 W. Pico Blvd. Los Angeles, CA 90035	(310) 247-0864	Call for Cost	E, Fa
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**DIAGNOSTIC CENTERS**

*Diagnostic centers provide complete medical, neurological and psychological examinations to determine the possible causes of changes in memory.*

**LOS ANGELES**

<b>Alzheimer's Disease Research Center Memory &amp; Aging Center, USC</b> 1520 San Pablo St., Ste 3000 Los Angeles, CA 90033	(213) 740-7777	Call for Cost	E
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Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer's & Dementia Resources – Los Angeles County**

**DIAGNOSTIC CENTERS (CONT)**

**Geriatric Neurobehavior Center**

<b>USC/Rancho Los Amigos National Rehabilitation Center</b> 7601 E. Imperial Hwy., 800 West Annex Downey, CA 90242	(562) 401-8130	Call for Cost	E
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**Mary S. Easton Center for Alzheimer's Disease Research at UCLA**

<b>UCLA Memory Disorders Clinic at UCLA Medical Center, Westwood</b> <b>UCLA Neurological Services</b> 300 UCLA Medical Plaza, Ste B200 Los Angeles, CA 90095-6975	(310) 794-6039	Call for Cost	E
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**Memory Disorders Clinic**

<b>At the Sports Concussion Institute</b> 5230 Pacific Concourse Dr., Ste 300 Los Angeles, CA 90045	(310) 643-9595	Call for Cost	E
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**VA Greater Los Angeles Healthcare System**

<b>West Los Angeles Medical Center</b> <b>Department of Geriatric Psychiatry</b> 11301 Wilshire Blvd., Bldg 401 Los Angeles, CA 90073	(310) 478-3711	Call for Cost	E
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**SAN FERNANDO VALLEY**

**Mary S. Easton Center for Alzheimer's Disease Research at UCLA**

<b>Disease Research at UCLA</b> <b>Memory Disorders Clinic at Olive View-UCLA Medical Center Clinic B 2A-185 Room 8</b> 14445 Olive View Dr. Sylmar, CA 91342-1437	(818) 212-4597	Call for Cost	E
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**Family Medicine Center**

801 S. Chevy Chase Dr., Ste 230 Glendale, CA 91205	(818) 500-5586	Call for Cost	E
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**Northridge Neurological Center**

18433 Roscoe Blvd., Ste 108 Northridge, CA 91325	(818) 349-2503	Call for Cost	E
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**S+AGE @ Sherman Oaks Hospital**

4911 Van Nuys Blvd., Ste 100 Sherman Oaks, CA 91403	(818) 341-7243	Call for Cost	E
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*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**Alzheimer's & Dementia Resources – Los Angeles County**

**DIAGNOSTIC CENTERS (CONT)**

**VA Greater Los Angeles Healthcare System**

<b>Sepulveda Ambulatory Care Center</b> 16111 Plummer St. North Hills, CA 91343	(818) 891-7711	Call for Cost	E
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**SAN GABRIEL VALLEY**

**Huntington Memorial Hospital**

<b>Geriatric Assessment Clinic</b> 100 West California Blvd. Pasadena, CA 91105	(626) 397-3127	Call for Cost	E
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**Persona Neurobehavioral Group**

625 Fair Oaks Ave., Ste 390 South Pasadena, CA 91030	(626) 449-2484	Call for Cost	E
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**SOUTH BAY/HARBOR**

**Harbor UCLA Family Health Center**

1403 Lomita Blvd., Ste 200 Harbor City, CA 90710	(310) 534-7600	Call for Cost	E
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**DRIVING**

California law requires that physicians report people diagnosed with dementia, including Alzheimer's, to the County Health Department. There are driving evaluation programs through area hospitals that assess whether a person can continue to drive safely. These evaluation programs require a physician's referral and are usually offered by appointment only. Fees vary.

**Cedars-Sinai Medical Center**

444 S. San Vicente Blvd., Ste 103 Los Angeles, CA 90048	(310) 423-9242	Call for Cost	E
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**Northridge Hospital**

18300 Roscoe Blvd., 4 <sup>th</sup> Floor, IFL Bldg Northridge, CA 91328	(818) 885-5460	Call for Cost	E
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**Rancho Los Amigos Medical Center**

7601 E. Imperial Hwy. 900 Building Room 91 Downey, CA 90242	(562) 401-7111	Call for Cost	E
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*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**EARLY STAGE COMMUNITY SERVICES**

People are being diagnosed with dementia at earlier stages of the disease.

**Gilbert Table Tennis Program**

<b>Westside Jewish Community Center</b> 5870 W. Olympic Blvd. Los Angeles, CA 90036	(323) 933-3751	Call for Cost	E
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**Leeza’s Care Connection at Providence Saint Joseph Medical Center**

501 S. Buena Vista St. Burbank, CA 91505	(818) 847-3686 <a href="http://www.leezasplace.org">www.leezasplace.org</a>	Call for Cost	E
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**OPICA Adult Day Services and Counseling Services**

11759 Missouri Ave. Los Angeles, CA 90025	(310) 478-0226	Call for Cost	E
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**WISE & Healthy Aging**

11759 Missouri Ave. Los Angeles, CA 90025	(310) 394-9871	Call for Cost	E
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**ELDER ABUSE**

Elder abuse is the mistreatment or neglect of an older adult, either self-inflicted or inflicted by someone else. It can take the form of physical, sexual, and/or financial abuse. People with dementia are particularly vulnerable to elder abuse. Please contact any of the following agencies if you suspect abuse of an older adult.

**Adult Protective Services:** Provides assistance and assessments for cases of suspected abuse.

- **Los Angeles County (until 5:00 pm)** (213) 351-5401
- **Los Angeles 24-Hour Line** 1-800-992-1660 & 1-877-477-3646
- **Outside of California** 1-800-677-1116

**California Department of Aging (CDA):** The CDA administers programs that serve older adults, adults with disabilities, family caregivers, and residents in long-term care facilities throughout the State.

- **Senior Information Line** 1-800-510-2020 [www.aging.ca.gov](http://www.aging.ca.gov)

**Center of Excellence on Elder Abuse & Neglect:**

- **University of California, Irvine School of Medicine** (714) 456-6466  
[www.centeronelderabuse.org](http://www.centeronelderabuse.org)

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**ELDER ABUSE (CONT)**

**Center of Excellence on Elder Abuse & Neglect:**

- Los Angeles County Department  
Community & Senior Services      Phone: 2-1-1 <http://css.lacounty.gov>
- City of Los Angeles Dept. of Aging      Phone: 3-1-1 <http://aging.lacity.org>

**WISE & Healthy Aging – Long Term Care Ombudsman Program:** Provides assistance in dealing with abuse associated with professional long-term care settings such as assisted living facilities, board and care homes and skilled nursing home.

- WISE & Healthy Aging    (310) 393-3618 & 1-800-334-9473    [www.wiselandhealthyaging.org](http://www.wiselandhealthyaging.org)

**Ombudsman:**

- University of California, Irvine - Ombudsman Crisis Line (24/7)    1-800-231-4024  
[www.aging.ca.gov/programs/ombudsman.asp](http://www.aging.ca.gov/programs/ombudsman.asp)

**HEALTH ASSOCIATIONS**

**American Heart Association & American Stroke Association**

816 S. Figueroa Los Angeles, CA 90017	(213) 291-7000 <a href="http://www.heart.org">www.heart.org</a>	Call for Cost	E
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**American Diabetes Association**

5200 W. Century Blvd., Ste 480 Los Angeles, CA 90045	(800) DIABETES (342-2383) <a href="http://www.diabetes.org">www.diabetes.org</a>	Call for Cost	E
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**The Association for Frontotemporal Degeneration:** Provides general information regarding frontotemporal degeneration.

- The Association for Frontotemporal Degeneration    1-866-507-7222

**Lewy Body Dementia Association:** Provides general information regarding lewy body dementia.

- Lewy Body Dementia Association      [www.lbda.org](http://www.lbda.org)

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aotian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**HEALTH ASSOCIATIONS (CONT)**

**Parkinson’s Disease Association:** Provides general information regarding Parkinson’s disease.

- **Parkinson’s Disease Association**      1-800-223-2732      [www.apdaparkinson.org](http://www.apdaparkinson.org)

**HOME CARE**

**Government-Funded Homecare Programs:** A Los Angeles County Program that assists low income seniors by paying for in-home care.

- **In-Home Supportive Services (IHSS)**      1-888-944-4477

**In-Home Supportive Services (IHSS) Ombudsman:** Provides assistance in resolving problems related to IHSS, as well as information about the program.

- **In-Home Supportive Services (IHSS) Ombudsman** 1-888-678-4477

**Financial Assistance for Homecare:** Provides interest-free loans of up to \$2,000 for in-home care.

- **Jewish Free Loan Association**      (323) 761-8830      [www.jfla.org](http://www.jfla.org)

**Los Angeles Caregiver Resources Center:** Provides limited financial home care assistance for those who qualify.

- **Los Angeles Caregiver Resources Center** 1-800-540-4442      [www.losangelescrc.org](http://www.losangelescrc.org)

**HOSPICE CARE**

<b>All Care Hospice</b>			
100 W. Broadway Ave., Ste 810 Glendale, CA 91210	(818) 241-9108	Call for Cost	E
<b>Assisted Home Hospice</b>			
8550 Balboa Blvd., Ste 282 Northridge, CA 91325	(818) 830-5003	Call for Cost	E



*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

<b>Program Title</b>	<b>Contact</b>	<b>Cost</b>	<b>Languages</b>
<b><u>Alzheimer's &amp; Dementia Resources – Los Angeles County</u></b>			
<b>HOSPICE CARE (CONT)</b>			
<b>Los Angeles Hospice</b> 3807 Wilshire Blvd., Ste 1228 Northridge, CA 90010	(213) 389-4700	Call for Cost	E
<b>Roze Home Hospice</b> 5455 Wilshire Blvd., Ste 810 Los Angeles, CA 90036	(323) 938-1155	Call for Cost	E
<b>Silverado Hospice</b> 601 S. Glenoaks Blvd., Ste 201 Los Angeles, CA 91502	1-888-469-1810	Call for Cost	E
<b>Skirball Hospice</b> 6345 Balboa Blvd., Ste 315 Encino, CA 91316	(818) 774-3040	Call for Cost	E
<b>St. Martin Hospice</b> 1925 W. Temple St., Ste 210 Los Angeles, CA 90026	(213) 413-7871	Call for Cost	E
<b>Trinity Care Hospice</b> 5315 Torrance Blvd., Bldg 1 Torrance, CA 90503	1-800-535-8446	Call for Cost	E
<b>VA Greater Los Angeles Healthcare System</b> 11301 Wilshire Blvd. Los Angeles, CA 90073	(310) 478-3711	Call for Cost	E
<b>Visiting Nurse Association</b> 3452 W. Foothill Blvd., Ste 130 Pasadena, CA 91107	(626) 568-2588	Call for Cost	E
<b>VITAS Innovative Hospice Care</b> 1343 N. Grand Ave. Covina, CA 91724	(626) 974-2000	Call for Cost	E

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**HOSPICE CARE (CONT)**

**WEBSITES RELATED TO HOSPICE CARE**



- **California Hospice Foundation**      [www.hospicefoundation.info](http://www.hospicefoundation.info)
- **Hospice Education Institute**      [www.hospiceworld.org](http://www.hospiceworld.org)
- **Hospice Foundation of America**      [www.hospicefoundation.org](http://www.hospicefoundation.org)

**HOUSING RESOURCES**

The following agencies assist individuals in locating low-income housing and in dealing with tenants' rights.

**Alternative Living for the Aging:** Provides co-operative housing and free roommate matching service.

- **Housing Alternatives for Seniors**      (323) 650-7988

**City of Los Angeles Housing Department:** Rent Stabilization ordinance

- **Rent Stabilization Division**      1-866-577-7368

**Los Angeles County Housing Resource Center** Phone: 2-1-1 [www.housing.lacounty.gov](http://www.housing.lacounty.gov)

**Menorah Housing Foundation:** Offers affordable senior housing for those who qualify. (310) 475-6083

**U.S. Department of Housing and Urban Development (HUD):** Provides information on rental assistance and subsidy programs.

- **Office of Public Health**      (213) 894-8000

**INFORMATION & REFERRAL**

The following are helpful resources for information related to government, social services, healthcare, or Medicare/Medi-Cal-related issues in Los Angeles County.

<b>Alzheimer’s Association California South Chapter</b>			
4221 Wilshire Blvd., Ste 400 Los Angeles, CA 90010	1-800-272-3900	Call for Cost	E

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aotian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**INFORMATION & REFERRAL**

<b>Los Angeles Department of Aging</b> 3580 Wilshire Blvd., Ste 300 Los Angeles, CA 90010	1-800-510-2020 <a href="http://www.aging.ca.gov">www.aging.ca.gov</a>	Call for Cost	E, Ch, K, Tag Sp, V
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**211 Los Angeles County** Phone: 2-1-1 [www.infoline-la.org](http://www.infoline-la.org)  
 Provides referrals to government, transportation, health and social services in Los Angeles County 24 hours/day, 7 days/week. Services also in Spanish

**INSURANCE & SOCIAL SECURITY**

The services listed below are sponsored by State and Federal government and may assist you in financial planning and determining healthcare options.

**CA Department of Insurance Consumer Hotline:** Assists with insurance complaints, claims, information and referrals.

**CA Dept. of Insurance Consumer Hotline:** 1-800-927-HELP (4357) & (213) 897-8921

**Center for Healthcare Rights:** Provides insurance counseling related to benefit enrollment and general questions.

- **Center for Healthcare Rights** 1-855-613-7080 [www.cahealtadvocates.org](http://www.cahealtadvocates.org)

**Department of Public Social Services:** Request a printed Med-Cal (aka Medicaid) application.

- **Department of Public Social Services** 1-877-597-4777

**Health Care Options:** Select or make changes to Medi-Cal managed care health plans.

- **Health Care Options** 1-800-430-4263

**Medi-Cal Managed Care Ombudsman:** Provides assistance resolving problems with Medi-Cal managed care plans.

- **Medi-Cal Managed Care Ombudsman** 1-888-452-8609

**Medi-Cal Telephone Service Center:** Select or make changes to Medi-Cal managed care health plans.

- **Medi-Cal Telephone Service Center** 1-800-541-5555

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**INSURANCE & SOCIAL SECURITY (CONT)**

**Medicare:** Provides health benefits determined by age and severe disability.

- Medicare 1-800-MEDICARE (633-4227)

**Social Security:** Provides assistance with Social Security matters and Medicare complaints.

- Social Security 1-800-772-1213 [www.ssa.gov](http://www.ssa.gov)

**WEBSITES RELATED TO INSURANCE & SOCIAL SECURITY**



- Administration on Aging [www.aoa.gov](http://www.aoa.gov)
- Centers for Medicare & Medicaid Services [www.cms.gov](http://www.cms.gov)
- Covered California [www.coveredca.com/HICAP](http://www.coveredca.com/HICAP)  
Determine eligibility and apply for Medi-Cal (aka Medicaid) on-line
- Free Benefits Checkup [www.benefitscheckup.org](http://www.benefitscheckup.org)  
Determine eligibility for programs
- Government Info for Seniors [www.usa.gov](http://www.usa.gov)
- California Dept. of Health Care Services [www.dhcs.ca.gov](http://www.dhcs.ca.gov)  
Medical Forms
- U.S. Dept. of Health & Human Services [www.hhs.gov](http://www.hhs.gov)

**LEGAL ASSISTANCE & INFORMATION**

Asset protection, advance directives, and conservatorships are very important issues to consider when planning for your future and making plans for care. It is wise to consult with professional attorneys, financial planners, or other specialists to help you with your legal and financial needs.

**Bet Tzedek Legal Services:** Provides free legal assistance to low-income older adults. Also focus on prevention of elder abuse.

- Bet Tzedek Legal Services (323) 939-0506 [www.bettzedek.org](http://www.bettzedek.org)

**California Advocates for Nursing Home Reform (CANHR):** Provides consumer counseling, family council organizing, legal support, advocacy support and attorney referral service.

- Consumer Hotline 1-800-474-1116 [www.canhr.org](http://www.canhr.org)

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**LEGAL ASSISTANCE & INFORMATION (CONT)**

**Center for Health Care Rights: Provides legal assistance for Medicare & Medi-Cal beneficiaries. (Los Angeles only)**

- **Center for Health Care Rights** 1-800-824-0780 & (213) 383-4519

**H.E.L.P. Health Care & Elder Law Programs: Provides free legal assistance and referrals.**

- **H.E.L.P.** (310) 533-1996

**Office of the Public Guardian: Provides information on conservatorships and assistance in locating family members of people who have died. Also provides estate management.**

- **Office of the Public Guardian** (213) 974-0515

**Los Angeles County Bar Association Lawyer Referral & Information Service:**

- **LA County Bar Association** (213) 243-1525

**Los Angeles Caregiver Resource Center: Provides attorney referrals.**

- **LA Caregiver Resource Center** 1-800-540-4442

**Smart Law: Provides free legal information line**

- **Smart Law** (213) 243-1500

**WEBSITES RELATED TO LEGAL & FINANCIAL ISSUES**



- **American Bar Association Commission on Law and Aging** [www.abanet.org/aging](http://www.abanet.org/aging)
- **Bet Tzedek** [www.bettzedek.org](http://www.bettzedek.org)
- **California State Bar** [www.calbar.ca.gov](http://www.calbar.ca.gov)
- **Caring Connections** [www.caringinfo.org](http://www.caringinfo.org)
- **National Academy of Elder Law Attorneys** [www.Naela.org](http://www.Naela.org)
- **State of California** [www.ca.gov](http://www.ca.gov)

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**LOCAL SENIOR CENTERS**

These centers often provide care management services and access to the Meals on Wheels Program. To receive a list of local senior centers, call 1-800-272-3900. The following Agencies on Aging can provide referrals to local senior centers and information about services available to older individuals in their communities.

- Los Angeles County Area Agency on Aging (213) 738-2600 [www.css.lacounty.gov/aaa.aspx](http://www.css.lacounty.gov/aaa.aspx)
- City of Los Angeles Dept. of Aging 1-800-510-2020 & (213) 252-4000 [www.aging.lacity.org](http://www.aging.lacity.org)

**MEDICATION COVERAGE**

When purchasing prescription drugs online, patients should exercise caution. The Federal Food and Drug Administration offers pointers on its websites: [www.fda.gov](http://www.fda.gov)

- American Association of Retired Persons (AARP) 1-800-456-2277 [www.aarp.com](http://www.aarp.com)
- Costco 1-800-607-6861 [www.costco.com](http://www.costco.com)
- Partnership for Prescription Assistance 1-877-477-2669 [www.pparzx.org](http://www.pparzx.org)
- Peoples Prescription Plan 1-800-591-4279 [www.peoplesrxcard.com](http://www.peoplesrxcard.com)
- Prescription Solutions 1-800-788-4863 [www.rxsolutions.com](http://www.rxsolutions.com)
- Rx Hope 1-877-267-0517 [www.rxhope.com](http://www.rxhope.com)
- Veterans Administration 1-877-222-VETS [www.va.gov](http://www.va.gov)

The services listed below provide affordable medication to low-income seniors:

- Novartis Patient Assistance Foundation 1-800-277-2254 [www.pharma.us.novartis.com](http://www.pharma.us.novartis.com)
- Pfizer 1-866-776-3700 [www.pfizer.com](http://www.pfizer.com)

**MENTAL HEALTH**

A variety of services are available to assist caregivers and people with Alzheimer’s or other dementias during the stages of the disease process. While many caregivers benefit from support groups, some may find that they need more support. The following agencies offer assistance in the area of counseling to help with feelings of depression, anxiety, anger, and/or frustration. When contacting an agency, please keep in mind that services differ from one place to another. We encourage you to ask questions that will help you determine which services best meet your needs.

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**MENTAL HEALTH (CONT)**

**Los Angeles County Mental Health Programs:**

- **Department of Mental Health**                      1-800-854-7771    <http://dmh.lacounty.gov>  
Provides referrals & crisis intervention
- **Genesis Program**    (213) 351-7284  
Offers mental health assessments for people over the age of 60
- **Los Angeles Caregiver Resource Center**    1-800-540-4442  
Assists those who care for adults in Los Angeles County who are permanently brain impaired and 18 years or older
- **Department of Mental Health**                      1-800-854-7771    <http://dmh.lacounty.gov>  
Provides referrals & crisis intervention
- **Genesis Program**    (213) 351-7284  
Offers mental health assessments for people over the age of 60
- **Los Angeles Caregiver Resource Center**    1-800-540-4442  
Assists those who care for adults in Los Angeles County who are permanently brain impaired and 18 years or older
- **AltaMed Senior Health & Activity Center**    1-800-854-7771    <http://dmh.lacounty.gov>  
Provides referrals & crisis intervention
- **Asian Pacific Health Care Venture, Inc.**              (323) 644-3880  
Services also in Cantonese, Cambodian, Japanese, Mandarin, Spanish, Thai, and Tagalog
- **Chinatown Service Center**                              (213) 808-1700  
Services also in Cantonese, and Mandarin
- **Didi Hirsch Community Mental Health Center** (310) 390-6612 & (310) 390-8896  
Services also in Spanish
- **East Los Angeles Mental Health Services**    (323) 725-1337  
Services also in Spanish
- **Little Tokyo Service Center**                              (213) 473-1602  
Services also in Chinese, Japanese, Korean, and Spanish
- **Mental Health America**                                      1-888-242-2522 & (213) 413-1130
- **Tingstad Older Adult Counseling Services** (213) 740-3493

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**MENTAL HEALTH (CONT)**

- **Women Helping Women Services** (323) 655-3807

**Community Mental Health Programs – San Fernando Valley:**

- **Alexa Healthcare Services** (310) 806-1165
- **Northridge Hospital Medical Center Mental Health Services** (818) 885-5484
- **S+AGE @ Sherman Oaks Hospital** (818) 341-7243

**Community Mental Health Programs – San Gabriel Valley:**

- **Center for Aging Resources** (626) 577-8480

**Community Mental Health Programs – San Gabriel Valley (Cont’):**

- **Glendale Adventist Medical Center Psychiatric Institute** (818) 409-8027
- **Las Encinas Hospital-Pasadena** (626) 795-9901
- **Huntington Hospital Senior Care Center Network-Pasadena** (626) 397-3110
- **Pacific Clinics** (626) 441-4221  
Services also in Spanish

**Community Mental Health Programs – South Bay/Harbor:**

- **Bridges Program San Pedro Peninsula Hospital** (310) 514-5359
- **Beach Cities Health District** (310) 374-3426
- **Jewish Family Services** (562) 427-7916
- **San Pedro Peninsula Hospital** (310) 514-5359



*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**MULTIPURPOSE SENIOR SERVICES PROGRAM**

MSSP is only for individuals who receive Medi-Cal and helps coordinate and manage services to ensure that they get the help needed. These services are specifically designed for frail older adults who are at high risk for placement in nursing home.

<b>AltaMed Health Services Corp.</b> 512 S. Indiana St. Los Angeles, CA 90063	(323) 307-0200	Call for Cost	E, Sp
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<b>Huntington Memorial Hospital</b> 837 S. Fair Oaks Ave., Ste 100 Pasadena, CA 91105	(626) 397-3110	Call for Cost	E, Sp
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<b>Partners in Care Foundation</b> 732 Mott St., Ste 150 San Fernando, CA 91340	(818) 837-3775	Call for Cost	E, Sp
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**NUTRITION**

**Los Angeles County Health & Nutrition Hotline: Provides information on nutritional programs in Los Angeles County**

➤ **Health & Nutrition** **1-877-597-4777**

**Los Angeles Regional Food bank Brown Bag Program: Provides food distribution for low income seniors**

➤ **Brown Bag Program** **(323) 234-3030**

**St. Vincent Meals on Wheels Program: Provides home delivered meals to the elderly. Meals on Wheels programs are often administered through local senior centers.**

**SAFETY**

Alzheimer’s causes changes in the brain that may affect safety. Depending on the stage of the disease, these can include changes in judgment, abstract thinking, sense of time/place, and behavior. Taking measures to ensure safety at all times can help prevent injuries, and it can help people with dementia feel relaxed and less over overwhelmed.

HOME MODIFICATION:

<b>Accessible Design and Consulting</b> 6207 W. 83 <sup>rd</sup> Place Los Angeles, CA 90045	(310) 215-3332 <a href="http://www.accessibleconstruction.com">www.accessibleconstruction.com</a>	Call for cost	E
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Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**SAFETY (CONT)**

**Forever Active**

18 E. Bellevue Drive Pasadena, CA 91105	(626) 466-3020 <a href="http://www.foreveractivemed.com">www.foreveractivemed.com</a>	Call for cost	E
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**Stayhome Safe**

30 N. Raymond Ave. Pasadena, CA 91103	(626) 792-0070 <a href="http://www.stayhomesafe.com">www.stayhomesafe.com</a>	Call for cost	E
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➤ **Active Homes** **1-855-924-7663** [www.aginginplacemods.com](http://www.aginginplacemods.com)  
*Aging in Place Home Modification*

➤ **Jewish Family Services Beverly Hills Handyworker Program** **(310) 272-7890**  
*Free minor home repairs for low-income individuals, seniors and disabled adults living in Beverly Hills.*

**OTHER SAFETY SERVICES:**

➤ **Alzheimer’s Association Comfort Zone** **1-877-259-4850** [www.alz.org/comfortzone](http://www.alz.org/comfortzone)  
*A web-based service that uses the Internet and a GPS device to track the location of a person with Alzheimer’s. Families can set-up safety zones in a Web application and receive alerts. All Comfort Zone plans come with MedicAlert® + Alzheimer’s Association Safe Return®. To learn more, call the above listed number.*

➤ **MedicAlert® + Alzheimer’s Association Safe Return®** **1-800-272-3900**  
*A 24-hour nationwide emergency response service for individuals who wander or have a medical emergency. We provide 24-hour assistance, no matter when or where the person is reported missing. There is an initial enrollment fee of \$55 and a \$35 annual program fee. Scholarships are available for families in financial need. Contact helpline for information and enrollment.*

**To report a wandering incident, call 911. Then call 1-800-625-3780**

➤ **Lifeline: Cedars-Sinai Medical Center** **(310) 423-5468**  
*A personal response service that provides 24-hour assistance via a push button device worn by the individual registered in the program.*

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**SENIOR SERVICES**

**American Association of Retired Persons (AARP)**

200 S. Los Robles Ave., Ste 400 Pasadena, CA 91101	1-866-448-3615 <a href="http://www.aarp.org">www.aarp.org</a>	Call for Cost	E
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**Asian Pacific Health Care Venture**

1530 Hillhurst Ave., Ste 200 Los Angeles, CA 90027	(323) 644-3880	Call for Cost	E, C, J, Kh, M, Sp, Tag, T, V
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**Beach Cities Health District**

514 N. Prospect Ave., 3 <sup>rd</sup> Floor Redondo Beach, CA 90277	(310) 374-3426	Call for Cost	E
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**California Telephone Access Senior Telephone Program**

2002 Iowa Ave., Ste 106 Riverside, CA 92507	1-800-806-1191	Call for Cost	E
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**Eldercare Locator**

514 N. Prospect Ave., 3 <sup>rd</sup> Floor Redondo Beach, CA 90277	1-800-677-1116	Call for Cost	E
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**Los Angeles Department of Aging**

3580 Wilshire Blvd., Ste 300 Los Angeles, CA 90010	1-800-510-2020	Call for Cost	E
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**Life Long: Sisters Staying Healthy**

2239 W. Washington Blvd. Los Angeles, CA 90018	(310) 732-1350	Call for Cost	E
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**Lumina Healthcare**

5220 Pacific Concourse Dr., Ste 120 Los Angeles, CA 90045	1-888-958-6462 <a href="http://www.luminahealthcare.com">www.luminahealthcare.com</a>	Call for Cost	E
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*Provides mobile dental care*

**Mexican American Opportunity Foundation**

972 S. Goodrich Blvd. City of Commerce, CA 90022	(323) 890-1555	Call for Cost	E, Sp
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*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**Alzheimer's & Dementia Resources – Los Angeles County**

**SENIOR SERVICES (CONT')**

<b>National Asian Pacific Center on Aging</b> 3727 W. 6 <sup>th</sup> St., Ste 619 Los Angeles, CA 90020	(213) 365-9005	Call for Cost	E
<b>Oasis-Baldwin Hills</b> <b>Baldwin Hills Crenshaw Plaza, Macy's, 3<sup>rd</sup> Floor</b> 4005 Crenshaw Blvd. Los Angeles, CA 90008	(323) 291-3414	Call for Cost	E
<b>Oasis-West Los Angeles</b> <b>Westside Pavilion, Macy's, 3<sup>rd</sup> Floor</b> 10730 W. Pico Blvd. Los Angeles, CA 90064	(310) 446-8053	Call for Cost	E
<b>The Salvation Army Golden Agers Club</b> 1533 4 <sup>th</sup> St. Santa Monica, CA 90401	(310) 451-1358	Call for Cost	E
<b>UCLA Healthcare 50 Plus</b> 1821 Wilshire Blvd., Ste 600 Santa Monica, CA 90403	1-800-516-5323	Call for Cost	E
<b>UCLA Family Caregiver Support Center</b> 3715 McClintock Ave. Los Angeles, CA 90089	1-855-872-6060	Call for Cost	E
<b>WISE &amp; Healthy Aging</b> 1527 4 <sup>th</sup> St., 2 <sup>nd</sup> Floor Santa Monica, CA 90401	(310) 394-9871	Call for Cost	E
<b>American Diabetes Association</b> 5200 W. Century Blvd., Ste 480 Los Angeles, CA 90045	(800) DIABETES (342-2383) <a href="http://www.diabetes.org">www.diabetes.org</a>	Call for Cost	E

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**Alzheimer’s & Dementia Resources – Los Angeles County**

**TRANSPORTATION**

The following are transportation services for seniors and/or disabled individuals including people with dementia. It is important to keep in mind that these services may or may not provide additional assistance when needed. Please call ahead to ensure your special needs can be met.

**TLC Senior Helpers**

6245 Bristol Parkway, Ste 429 Culver City, CA 90203	(310) 338-7247 1-888-TLC-DRVE (852-3783)	Call for cost	E
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➤ **Access Services**

**1-800-827-0829**

*Provides transportation for disabled individuals including people with Alzheimer’s.*

➤ **Cityride Dial-a-Ride & Taxi Service**

**(323) 666-0895 & (818) 908-1901**

*To register for the program call (213) 808-7433*

➤ **Little Tokyo Service Center**

**(213) 473-3030**

*Provides transportation services to SSI and medical appointments in specific geographic areas in Los Angeles County.*

➤ **Wise & Healthy Aging Senior Services**

**(310) 394-9871**

[www.wiseandhealthy.org](http://www.wiseandhealthy.org)

*This service provides low-cost, shared ride service and curb-to-curb transportation in the West Los Angeles area.*

**SENIOR RESOURCES –ORANGE COUNTY**

**Anaheim Independencies**

10841 Garza Anaheim	(714) 821-0460	Call for Cost	E
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**Anaheim Senior Center**

250 E. Center Anaheim	(714) 765-4510	Call for Cost	E
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**Brea Senior Center**

500 S. Sievers Ave. Brea	(714) 990-7750	Call for Cost	E
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**Buena Park Senior Center**

8150 Knott Buena Park	(714) 236-3870	Call for Cost	E
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Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**SENIOR RESOURCES –ORANGE COUNTY**

<b>Costa Mesa Senior Center</b> 695 W. 19 <sup>th</sup> Costa Mesa	(949) 645-2356	Call for Cost	E
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<b>Oasis Senior Center</b> 80 Marguerites Corona Del Mar	(949) 644-3151	Call for Cost	E
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<b>West Anaheim Senior Center</b> 2271 W. Crescent Anaheim	(714) 765-3415	Call for Cost	E
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**Asian/Pacific**

<b>Abrazar Senior Center</b> 7101 Wyoming Westminster	(714) 893-3581	Call for Cost	E
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<b>Asian American Senior Center</b> 850 N. Birch Santa Ana	(714) 560-8877	Call for Cost	E, Ca, M, V
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<b>Florence Sylvester Senior Center</b> 23721 Moulton Pkwy Laguna Hills	(949) 380-0155	Call for Cost	E
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<b>Huntington Beach Senior Outreach</b> 1718 Orange Huntington Beach	(714) 960-2478	Call for Cost	E
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<b>La Habra Center</b> 101 W. La Habra Blvd. La Habra	(562) 905-9708	Call for Cost	E
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<b>Laguna Beach Senior Center</b> 384 Legion Laguna Beach	(949) 497-2441	Call for Cost	E
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MSC\* = Multipurpose Senior Center

Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
<b>SENIOR RESOURCES –ORANGE COUNTY</b>			
<b>Lakeview Senior Center</b> 20 Lake Rd. Irvine	(949) 724-6900	Call for Cost	E
<b>Los Alamitos Senior Center</b> 10911 Oak St. Los Alamitos	(562) 430-1073	Call for Cost	E
<b>Midway City Community Center</b> 14900 Park Lane Midway City	(714) 898-0203	Call for Cost	E
<b>Asian/Pacific</b>			
<b>Norman P. Murray Senior Center</b> 24932 Veterans Way Mission Viejo	(949) 470-3062	Call for Cost	E
<b>North Orange Senior Center</b> 16561 E. Lincoln Orange	(714) 998-4010	Call for Cost	E
<b>O.C. Korean American</b> 9888 Garden Grove Blvd. Garden Grove	(714) 530-6419	Call for Cost	E, K
<b>Orange Senior Center</b> 170 S. Olive St. Orange	(714) 538-9633	Call for Cost	E
<b>Placentia Senior Center</b> 143 S. Bradford Placentia	(714) 986-2332	Call for Cost	E
<b>Rancho Senior Center</b> 3 Sandburg Way Irvine	(949) 724-6800	Call for Cost	E

**MSC\* = Multipurpose Senior Center**

Care1st Health Plan Directory of Cultural & Linguistic Services of Los Angeles/Orange Counties

Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese

Program Title	Contact	Cost	Languages
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**SENIOR RESOURCES –ORANGE COUNTY**

**San Clemente Senior Center**

242 Avenida Del Mar (949) 498-3322 Call for Cost E  
San Clemente

**San Juan Capistrano Senior Center**

25925 Camino Del Avion (949) 443-6358 Call for Cost E  
San Juan

**Santa Ana Senior Center**

424 W. Third St. (714) 647-6540 Call for Cost E  
Santa Ana

**Asian/Pacific**

**Sea Country Senior Center**

24602 Aliso Creek Road (949) 425-5151 Call for Cost E  
Laguna Niguel

**Seal Beach Senior Center**

707 Electric (562) 799-9660 Call for Cost E  
Seal Beach

**Southern California Indian Center**

10175 Slater (714) 962-6673 Call for Cost E  
Fountain Valley

**St. Anselm’s Cross Culture Center**

13091 Galway (714) 537-0608 Call for Cost E  
Garden Grove

**Tustin Senior Center**

200 S. C St. (714) 573-3340 Call for Cost E  
Tustin

**Vietnamese Community of Orange County**

1618 W. 1<sup>st</sup> (714) 558-6009 Call for Cost E, V  
Santa Ana

**MSC\* = Multipurpose Senior Center**



*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**SENIOR RESOURCES –ORANGE COUNTY**

<b>Vietnamese Hope Community Center</b> 1538 Century Blvd. Santa Ana	(714) 265-1181	Call for Cost	E, V
<b>Westminster Senior Center</b> 8200 Westminster Westminster	(714) 895-2878	Call for Cost	E
<b>Yorba Linda Community Center</b> 4501 Casa Loma Yorba Linda	(714) 961-7181	Call for Cost	E

**Jewish**

<b>Cypress Senior Center</b> 9031 Grindlay Cypress	(714) 229-2005	Call for Cost	E
<b>Dana Point Senior Center</b> 34052 Del Obispo, Ste B Dana Point	(949) 496-4252	Call for Cost	E
<b>Fountain Valley Senior Citizens Club</b> 16400 Brookhurst Fountain Valley	(714) 593-4446	Call for Cost	E
<b>Fullerton Senior Center</b> 340 W. Commonwealth Fullerton	(714) 738-6305	Call for Cost	E
<b>H. Louis Lake Senior Center</b> 11300 Stanford Ave. Garden Grove	(714) 741-5253	Call for Cost	E
<b>Jewish Community Center</b> 1 Federation Way, #220 Irvine	(949) 435-6460	Call for Cost	E

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**TEEN RESOURCES – LA/ORANGE COUNTIES**

**Big Brothers and Big Sisters of Los Angeles**

6022 Wilshire Blvd., Suite 202  
Los Angeles (213) 481-3611 Call for Cost E, Sp

**Los Angeles Friends of the Family/Young Moms**

14522 Kittredge Ave.  
Van Nuys (818) 988-4430 Call for Cost E

*Offers Information & Support Program for Young Mothers between the Ages of 15-25 Years  
Transportation, Meals, & Childcare Are Provided for Eligible Participants.*

**Help Line Youth Counseling**

12440 E. Firestone Blvd #1000  
Norwalk (562)864-3722 Call for Cost E, Sp

**Pregnant Minor Program**

6119 Agra  
Bell Gardens (323) 887-7946 Call for Cost E, Sp

*Provides Services to Pregnant Teens Who Want to Continue Their Education*

**Project Jade**

8650 California Ave.  
South Gate (323) 564-5233 Call for Cost E, Sp

*Offers Youth Diversion & Delinquency Prevention Program, Providing Family & Group Counseling, Parenting Classes, Tutorial Assistance & Gang Prevention*

**Reiss Davis Child Study Center**

3200 Motor Ave.  
Los Angeles (310) 204-1666 Call for Cost E

*Provides Short & Long Term Psychotherapy for Children, Adolescents, Parent Guidance, & Special Programs for Divorcing Families, Stepfamilies & for Children with Learning Problems*

**St. Anne's Outreach**

155 N. Occidental Blvd.  
Los Angeles (213)381-2931 Free E, Sp  
[www.stannes.org](http://www.stannes.org)

*Probation or DCFS Has to Refer Teenagers, Ages 12-18. Program Provides Residential Care for Teenagers & Their Baby's Birth-4 Years*

*Language Guide: (A)rmenian, (Ar)abic, (Ca)ntonese, (Ch)inese, (E)nglish, (Fa)rsi, (Hi)ndi, (Hm)ong, (I)talian, (J)apanese, (Kh)mer, (K)orean, (L)aoatian, (M)andarin, (R)ussian, (Sa)moan, (Sp)anish, (Tag)alog, (T)hai, (V)ietnamese*

Program Title	Contact	Cost	Languages
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**TEEN RESOURCES – LA/ORANGE COUNTIES**

**Star View Community Services**

5420 N. Figueroa St. (323) 999-2404 Call for Cost E  
 Los Angeles [www.starsgroup.org](http://www.starsgroup.org)

*Outpatient Mental Health Program for Adolescents & Their Families, Foster Families or Group Homes*

**Teen Parents**

235 E. 8th St. (562) 997-8000 Call for Cost E  
 Long Beach

*Provides Education for Pregnant & Parenting Teens*

**YMCA – Greater Long Beach**

15530 Woodruff Ave. (562) 925-1292 Call for Cost E  
 Bellflower

*Provides Teen Leadership & Mentoring*

**Asian/Pacific**

**Korean Town Youth & Community**

680 S. Wilton Pl. (213) 365-7400 Call for Cost E, Sp, K  
 Los Angeles [www.kycccla.org](http://www.kycccla.org)

*Offers Programs & Services That Are Specifically Directed towards Recently Immigrated Economically-Disadvantaged Youth & Their Families Who Experience Coping & Adjustment Difficulties due to Language & Cultural Barriers*

**Jewish**

**Jewish Big Brothers Association**

5700 Wilshire Blvd., Suite 1215 (323) 761-8675 Call for Cost E, R  
 Los Angeles

*Serves Jewish Single Parent Children, 6-18 Years, Pairing Them with Adult Male Role Models  
 Parent & Child Counseling Are Available*